



The Open University of Sri Lanka
 Department of Nursing - B.Sc. Honours in Nursing Programme
 NGU6910- Primary Health Care II
 Academic Year 2018 /2019 - Level 6- No Book Test 01

Please return your question paper with your answer sheet

Date: 21.12.2018

Time: 2.00 p.m-3.30 p.m

Duration: 1½ hours

Registration No:

Please read the instructions given below before answering the questions.

This question paper consists of four parts: Part A, B, C and D.

Answer all questions.

Part A – 10 Multiple Choice Questions

(10 marks)

There are **10 Multiple Choice Questions** in this paper and below each question or statement contains four responses. Select the **best response** to each question and **encircle** it.

Part B – 10 Matching Questions

(10 marks)

Match the phrases given on the Left column with most relevant words/ phrases given on the Right column. Put the letter belongs to the selected word/ phrases in the brackets given on the left.

Part C - Four (4) Short Answer Questions (SAQs)

(60 marks)

Answer all the questions within the given space.

Part D- One (1) Short Essay Question (SEQ)

(20 marks)

Answer within the given space.

Good Luck!!!

Student Reg. No:

Part A – 10 Multiple Choice Questions (10 marks)

- 1) The end product of fertilization is a cell with 46 chromosomes. This cell is called as;
 - a) egg cell
 - b) Fertilized cell
 - c) stem cell
 - d) a zygote

- 2) What is the **INCORRECT** statement regarding physiological changes occurring in pregnancy?
 - a) HCG is secreted in urine 8-10 days in fertilization.
 - b) Blood volume gradually increases at the beginning of the first trimester.
 - c) Estrogen and progesterone act on the breast.
 - d) Decreases the vaginal secretion.

- 3) The infants typically double their birth weight by,
 - a) 2 months
 - b) 4 months
 - c) 6 months
 - d) 12 months

- 4) Psychological adaptations to pregnancy differ in each pregnant mother. **Ambivalence** is a maternal response during 1st trimester which express as all of the following **EXCEPT**;
 - a) Mixed feelings even of pregnancy planned.
 - b) Worried about coping with labor.
 - c) Often feel unprepared for permanent lifestyle changes.
 - d) Wonders about ability to be a parent.

- 5) What is **INCORRECT** regarding the developmental milestones of a child?
 - a) Can raise head when lying on stomach at the 2nd month.
 - b) Can walk without support at the 11 month.
 - c) She/ he can pushes body forward on hands and knees in 9 months.
 - d) In 8 -9 months they can picks up objects with thumb.

- 6) What is the **INCORRECT** statement regarding the National Immunization Program?
 - a) Infants who completes the two months of age should be given polio vaccine.
 - b) Pentavalent vaccine protects the child from four diseases.
 - c) MMR 2nd dose should be given just after 3rd year.
 - d) DT vaccine should be given after five years of age.

Student Reg. No:

- 7) At birth, a newborn male is pink, cries when stimulated, and requires routine care. What is his one-minute Apgar score?
- a) 0 - 2
 - b) 3 - 5
 - c) 6 - 8
 - d) 8 - 10
- 8) Which of the following factors that negatively affect to the develop the language ability of the pre school child include,
- a) Low socio economic back ground of the family
 - b) Lack of awareness of the parent in giving proper guidance to stimulate the child
 - c) Physical defects
 - d) All of the above
- 9) What is the **INCORRECT** statement regarding guiding the pre school,child's behavior;
- a) Provide advice or molding behavior or discipline.
 - b) Encourage behavior that is socially acceptable.
 - c) Encourage punishments for poor behavior.
 - d) Make a child feel secure, to protect them from danger.
- 10) Egocentrism can be defined as;
- a) the belief that everything in the world, including natural events and objects have been created by humanity.
 - b) the tendency of children to view their environment only in terms of their own point of view.
 - c) the child's belief that things are alive or have human characteristics because they move or grow.
 - d) the notion that the world has a built in system of law and order.

Student Reg. No:

Part B – 10 Matching Questions (10 marks)

Match the words given on the **Left** column with most relevant phrases given on the **Right** column. Put the letter belongs to the selected words/ phrases in the brackets given on the left.

Left	()	Right
1. Quick and accurate way of evaluating the baby's physical status	()	A. Placenta praevia
2. An infant's visual accommodation and focusing abilities are close to the mature adults	()	B. Religious activities
3. Postural hypotension may occur during pregnancy due to	()	C. Prehension
4. Quickening of primi gravid mother	()	D. APGAR scoring system
5. Example for antepartum hemorrhage	()	E. Reduced vascular resistance
6. Turns body completely around and pulls self to sitting position with aid	()	F. By 12 months of age
7. Vernix caseosa is present	()	G. 16 th week of fetal development
8. According to EPI schedule, JE vaccine should be given	()	H. Locomotion
9. Spiritual development of pre school child	()	I. By 6 months of age
10. Ability to grasp objects between the fingers and opposable thumb is called	()	J. Increase stroke volume
		K. By 4 months of age
		L. 24 th week of pregnancy

Student Reg. No:

Part C - Short Answer Questions (60 marks)

Answer within the given space.

Question 1

In a high risk pregnancy, mother and/ or the fetus will be at increased risk for morbidity or mortality. There are several risk factors that cause for high risk pregnancy.

1.1 List **three (3)** risk factors with **one (1)** example for each **(6 marks)**

- I.
- II.
- III.

1.2 List **three (3)** high risk conditions in pregnancy **(3 marks)**

- I.
- II.
- III.

1.3 State **three (3)** management strategies for a mother with high risk pregnancy **(6 marks)**

- I.
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- II.
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- III.
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(Total = 15 marks)

103

Question 3

Postnatal care is a crucial component of safe motherhood and neonatal health. It begins immediately after birth of the baby and extend up to 6 weeks (42 days) after birth.

3.1 Write five (5) most important nursing considerations in the management of post natal care (5 marks)

- I.
- II.
- III.
- IV.
- V.

3.2 State five (5) advantages of breast feeding (5 marks)

- I.
- II.
- III.
- IV.
- V.

3.3 Write five (5) important aspects that we should consider in immediate neonatal care (5 marks)

- I.
- II.
- III.
- IV.
- V.

(Total = 15 marks)

Question 4

Motor skills develop at a fast rate to enable children to deal with their needs and cope with their environment.

4.1 List **three (03)** stages of motor – skills development. **(6 marks)**

I.

II.

III.

3.2 Write **two (02)** gross motor skills and **two (02)** fine motor skills which develop during the following age periods. **(4 marks)**

Age period	Gross motor skills	Fine motor skills
2 – 3 years	I.	I.
	II.	II.
3 – 4 years	I.	I.
	II.	II.

3.3 Describe the parents' role regarding prevention of childhood accidents **(5 marks)**

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(Total = 15 marks)

