

The Open University of Sri Lanka
Faculty of Health Sciences-Department of Nursing
B.Sc. (Hons) in Nursing - Level 6
Academic Year 2018/19
NGU5910- Primary Health Care 1
No Book Test I



Registration No	:	Date	: 27.12.2018
Duration	: 01 ½ Hours	Time	: 1.00 –2.30 pm.

IMPORTANT INSTRUCTIONS TO CANDIDATES

This question paper consists of Ten (10) pages with four (04) sections.

Part A - Multiple Choice Questions (10 Marks)

Indicate your answer by encircling the letter relevant to the selected option.

Part B - Matching Questions (10 Marks)

Match the phrases or words in Right Column with Left Column. Indicate the letter corresponding to your response in the brackets

Part C - Short Answer Questions (60 Marks)

There are four (04) questions with 3-4 sections. Answer all in the provided spaces.

Part D - Short Essay Questions (20 Marks)

There is a one question with two (02) sections. Answer all in the provided spaces.

Good Luck!

Part A - Multiple Choice Questions (10 Marks)

Choose the most suitable answer for each question and encircle the corresponding letter of the correct answer.

1. Alma -Ata conference was held in year,
 - a) 1948
 - b) 1978
 - c) 1998
 - d) 2000
2. "Health For All" was planning to achieve globally in year,
 - a) 1986
 - b) 2000
 - c) 2002
 - d) 2012
3. Which of following action was **NOT TAKEN** by the Sri Lankan Government to achieve HFA?
 - a) Conducted poverty alleviation programmes
 - b) Provided employment opportunities
 - c) Developed irrigation facilities to increased rice production
 - d) Established community health nurse position
4. Essential component of ideal primary care include all of the following **EXCEPT**,
 - a) Accessibility for the patient
 - b) Practice only in the context of family
 - c) Built on the sustained partnership with patients
 - d) Service provided by professionals who are accountable for addressing large majority of personal care needs
5. The process of enabling people to improve health is:
 - a) health education
 - b) health promotion
 - c) rehabilitation
 - d) specific protection
6. Which level of health facility is the basic point of entry of a client into the health care delivery system?
 - a) Primary
 - b) Secondary
 - c) Intermediate
 - d) Tertiary

Registration No :

7. is responsible for designing and planning of maternal and child health programme and providing technical guidance for its implementation.
- a) Ministry of Health
 - b) Epidemiology Unit
 - c) Family Health Bureau
 - d) Provincial Director of Health Services
8. Knowing that malnutrition is a frequent community health problem, you decided to conduct nutritional assessment. What population is particularly susceptible to protein energy malnutrition (PEM)?
- a) Pregnant women and the elderly
 - b) Under 8 year old children
 - c) 1-4 year old children
 - d) School age children
9. Public health care team includes different categories and they have responsibilities towards implementing primary health care functions. Among them Public Health Inspector is responsible for,
- a) family planning and sanitation
 - b) sanitation and infant immunization
 - c) sanitation and implementation of food and drugs act.
 - d) all of the above
10. An indicator which uses in measurement of morbidity and mortality includes,
- a) availability of sanitation facility
 - b) availability of housing facility
 - c) vital statistics
 - d) socio- economic situation

Part B – Matching Questions – (10 Marks)

Match **Left Column** with the **Right Column** indicating the letter corresponding to your selected response in the given brackets.

<u>Column I</u>		<u>Column II</u>
1. Disease rates that clearly exceed normal or expected frequency in a community or region is	(.....)	A. Virginia Henderson
2. Key to attaining the goal of “Health For All”	(.....)	B. Fecal-oral transmission of diseases
3. A major public health problem	(.....)	C. Siddha
4. Adequate house environment provides	(...)	D. Community participation
5. Science of longevity is called as	(.....)	E. Samuel Hahnemann
6. Grass root level unit of the community health services	(.....)	F. Epidemic
7. Defined 14 needs related to human functioning to assess health status of a client.	(.....)	G. Acupuncture
8. People will take a share of responsibility with others	(.....)	H. Ministry of Health
9. Alternative system of medicine used by the Tamil community	(.....)	I. Structural safeguards against disease transmission
10. Stimulate the production of the brain's own pain killers 'endorphins'.	(.....)	J. Primary Health Care
	(.....)	K. MOH office
	(.....)	L. Under nutrition
	(.....)	M. Ayurveda

NGU5910- Primary Health Care 1			
Academic Year 2018/19	No Book Test 1	Registration No	:

Parts C - Short Answer Questions – (60 Marks)

Write answers to all questions within provided spaces.

Q1. Primary Health Care is the first level of contact of individuals, the family and community with the national health system.

1.1 Define health. (2 Marks)

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.....

.....

1.2 Define Primary Health Care (05 Marks)

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1.3 What are the FIVE (05) principles of PHC? (05 Marks)

- i.
- ii.
- iii.
- iv.
- v.

1.4 What are the EIGHT (08) essential elements of PHC? (8 Marks)

- i.
- ii.
- iii.
- iv.
- v.
- vi.

vii.

viii.

(Total -20 Marks)

Q2. As a community health nurse you are responsible for implementing PHC in relation to treatment of common diseases. Complete the table to provide your answers for the questions specified bellow.

2.1.1 Name two (02) Communicable diseases (02 Marks).

2.1.2 Name three (03) factors affecting for each disease (06 Marks)

2.1.3 As a nurse what are the possible actions that you can take in prevention of these diseases.
(12 Marks)

2.1.1 Disease A.....	Disease B.....
2.1.2 i. ii iii	i ii iii
2.1.3 i. ii. iii.	i. ii. iii.

(Total =20 Marks)

Q3. Protection of environment is essential in promoting health of the people.

3.1 Name FIVE (05) environmental factors that can affect health of the people? (05 Marks)

- i.
- ii.
- iii.
- iv.
- v.

3.2 As an undergraduate nurse, you are assigned to organize an awareness educational sessions on '**Water Pollution**' for a group of community people.

3.2.1 Write possible THREE (03) sources of water pollution. (03 Marks)

- i.
- ii.
- iii.

3.2.2 Name FOUR (04) health problems which occur due to use of polluted water. (04 Marks)

- i.
- ii.
- iii.
- iv.

3.2.3 Briefly describe FOUR (04) possible strategies in prevention of water pollution. (08 Marks)

- i.
.....
- ii.
.....
- iii.
.....
- iv.
.....

(Total =20 Marks)

[illegible]

(Total =20 Marks)

.....**END**.....

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