

THE OPEN UNIVERSITY OF SRI LANKA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF PSYCHOLOGY & COUNSELLING
ACADEMIC YEAR 2018/2019 – SEMESTER I



BACHELOR OF SCIENCE HONOURS IN PSYCHOLOGY
PLU3301 – INTRODUCTION TO PSYCHOLOGY – LEVEL 3
CONTINUOUS ASSESSMENT TEST I - NBT I
DURATION: ONE HOUR

DATE: 24th NOVEMBER 2018

TIME: 09.00AM –10.00 AM

REGISTRATION NO:

IMPORTANT INSTRUCTIONS/ INFORMATION TO CANDIDATES

- This question paper consists of **09 pages** with **2 sections**
Section 1: 20 Multiple Choice Questions (40 Marks)
Section 2: 12 Short Answer Questions (60 Marks)
- Write your Registration Number in the space provided.
- Answer **ALL** questions.
- **Multiple Choice Questions (Section 1):** Indicate answers in the answer sheet provided by placing a cross (X) in **INK** in the relevant cage (answers in pencil will **NOT** be marked)
- **Short Answer Questions (Section 2):** Write answers within the space provided.
- Do **NOT** remove any page/part of this question paper from the examination hall.
- Do **NOT** keep unauthorized material, including mobile phones and other electronic equipment, with you during the examination.

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SECTION 1: MULTIPLE CHOICE QUESTIONS (20 QUESTIONS - 40 MARKS)

- 1.1 Which ancient philosopher identified the bodily humours with personality traits?
- a Aristotle
 - b Plato
 - c Hippocrates
 - d Descartes
- 1.2 What is the best definition for 'Hypothesis'?
- a Hypothesis is a logical idea that can be tested
 - b Hypothesis is the research question
 - c Hypothesis is a sentence that defines research
 - d Hypothesis is a logical ideas developed by a researcher
- 1.3 Who is considered as the Father of Experimental Psychology?
- a William James
 - b Wilhelm Wundt
 - c James Williams
 - d William Wundt
- 1.4 Which sentence provides the correct information about "Functionalism" from the following:
- a William James was a key Functionalist and wrote a book called Principles of Psychology
 - b Functionalists believed that consciousness can be broken down into elements
 - c Experiments by Functionalists were conducted exclusively in laboratories
 - d Functionalists rejected the ideas about consciousness as it was not empirical
- 1.5 Educational and Environmental Psychology practices of today are heavily influenced by:
- a Humanism
 - b Gestaltism
 - c Behaviourism
 - d Psychoanalysis
- 1.6 Which statement is the most accurate about Sigmund Freud's perspective on levels of human mind?
- a ID is driven by the basic needs
 - b EGO is connected to moral codes
 - c SUPEREGO is influenced by pleasure and instinct
 - d EGO is connected to reality of society

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- 1.7 Modern day client centred practice is related to which approach of Psychology?
- a Gestaltism
 - b Humanism
 - c Behaviourism
 - d Functionalism
- 1.8 Which sentence is the most accurate about current Psychology experiments?
- a Participants' right to withdraw is important
 - b Participants' consent is not essential
 - c Participants' can be given information
 - d Participants' benefit from deception
- 1.9 Which professionals of Psychology could work in a paediatric intensive care unit?
- a Developmental and Educational Psychologists
 - b Forensic and Sports Psychologists
 - c Clinical and Health Psychologists
 - d Counselling and Occupational Psychologists
- 1.10 Which of the following are exclusive responsibilities of a Psychiatrist?
- a Medical management of an individual
 - b Social and care management of an individual
 - c Spiritual and personal esteem of an individual
 - d Exploring the feelings and thoughts of an individual
- 1.11 Which type of diseases led to the development of Health Psychology?
- a Communicable diseases
 - b Non-communicable diseases
 - c Common order diseases
 - d Epidemic diseases
- 1.12 Which professional practice of Psychology is involved with selection, assessment, training, development, and wellbeing of individuals in an establishment?
- a Educational Psychology
 - b Occupational Psychology
 - c Developmental Psychology
 - d Environmental Psychology

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- 1.13 Identify the most appropriate statement about a Psychological Counsellor.
- a Counsellors are those who can listen and be empathetic towards others
 - b Counsellors need education, training and practice in their chosen sub area
 - c Counsellors are professionals who provide guidance and advise to general public
 - d Counsellors are spiritual individuals who practice meditation
- 1.14 Choose the types of assessments which a trained Clinical Psychologist could administer.
- a Personality tests, IQ tests, Cognitive tests
 - b Speech tests, Hearing tests, Personality tests
 - c IQ tests, Speech tests, Behaviour tests
 - d IQ tests, Narcotic tests, Cognitive tests
- 1.15 Eye witness testimony is a resource important for court processes. Which two Psychology fields has contributed to increasing the accuracy of such data and the procedures related ?
- a Educational and Forensic Psychology
 - b Forensic and Cognitive Psychology
 - c Developmental and Clinical Psychology
 - d Social and Forensic Psychology
- 1.16 Choose the most prominent factors that can affect motivation of an individual's participation in competitive sports.
- a Personality, Motive, and Gender
 - b Motivation, Self-esteem and Motives
 - c Motives, Practice and Peers
 - d Personality, Affect and Practice
- 1.17 A researchers conducts an experiment to measure the effects of watching violence videos on adolescents criminal behaviours in Western province schools. What type of a research design is most suitable for this research?
- a Naturalistic Observation
 - b Cross sectional research
 - c Case study
 - d Survey

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- 1.18 What is one of most essential requirements that needs to be gained before conducting an experiment in Psychology?
- a Ethical clearance and participants' informed consent
 - b Ethical clearance and agreement from participant
 - c Debriefing and Consultation
 - d Debriefing and informed consent
- 1.19 Which are the benefits of licensing and registration of practitioners in field of Psychology?
- a Safeguarding clients from unqualified practitioners?
 - b Providing professional development opportunities for practitioners
 - c Verified identification of experts in each sub field of Psychology
 - d All of above
- 1.20 From the following, which are the two key components of a Psychological theory?
- a Development and Emergence
 - b Description and Prediction
 - c Description and Testing
 - d Testing and Prediction

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REGISTRATION NO:

ANSWER SHEET FOR PART A

Q. No.	(a)	(b)	(c)	(d)
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SECTION 2: SHORT ANSWER QUESTIONS (12 QUESTIONS - 60 MARKS)

WRITE ANSWERS ONLY WITHIN THE SPACE PROVIDED.

2.1 Explain the concept ‘tabula rasa’ relating to mind and behaviour.

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2.2 Wilhelm Wundt used a specific technique called ‘Introspection’. Briefly define it.

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2.3 Briefly explain what is known as the ‘Hawthorne effect’.

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2.4 Briefly list professionals in a multidisciplinary team who would investigate a child who has a developmental disorder such as downs syndrome or autism.

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2.5 Identify the Psychology professional who would work with issues relating to 'juvenile delinquency' and briefly write one task that this professional would be competent to conduct.

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2.6 List main types of interventions used by Sports and Exercise Psychologist.

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2.7 What is an 'empirical method'. Explain briefly.

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2.8 What topics are listed as 'Intrapersonal' in Social psychology and Personality Research.

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2.9 Name the four sub-fields in Health Psychology.

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2.10 What type of factors that should be considered when an Educational Psychologist develops interventions for schools children?

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2.11 Briefly explain the three main roles of a Psychology professional.

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2.12 Briefly explain aims of scientific research.

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-----END OF QUESTION PAPER-----