

THE OPEN UNIVERSITY OF SRI LANKA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF PSYCHOLOGY & COUNSELLING
ACADEMIC YEAR 2018/2019 – SEMESTER I



BACHELOR OF SCIENCE HONOURS IN PSYCHOLOGY
PLU3307 – LIFESPAN DEVELOPMENT – LEVEL 3
CONTINUOUS ASSESSMENT TEST I - NBT I
DURATION: ONE HOUR

DATE: 08th December 2018

TIME: 11.30 A.M – 12.30 P.M

REGISTRATION NO:

IMPORTANT INSTRUCTIONS/ INFORMATION TO CANDIDATES

- This question paper consists of **9 pages** with **two sections**

Section 1: 20 Multiple Choice Questions (40 Marks)

Section 2: 12 Short Answer Questions (60 Marks)

- Write your Registration Number in the space provided.
- Answer **ALL** questions.
- **Multiple Choice Questions (Section 1):** Indicate answers in the answer sheet provided by placing a cross (X) in **INK** in the relevant cage (answers in pencil will **NOT** be marked)
- **Short Answer Questions (Section 2):** Write answers within the space provided.
- Do **NOT** remove any page/part of this question paper from the examination hall.
- Do **NOT** keep unauthorized material, including mobile phones and other electronic equipment, with you during the examination.

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SECTION 1: MULTIPLE CHOICE QUESTIONS (20 QUESTIONS – 40 MARKS)

- 1.1 Which of the following is the most suitable definition for human development?
- a The process by which an organism (human or animal) grows and changes through its lifespan
 - b The first five years of life
 - c The process of growth from infancy through to adolescence
 - d All of the above
- 1.2 Which philosopher forwarded the idea that children were born as a blank slate (a tabula rasa)?
- a Jean – Jacques Rousseau
 - b John Nicolaus Tetens
 - c John Locke
 - d Friedrich August Carsus
- 1.3 According to the Freud's psychosexual stages, in which stage it mentions that children start receiving pleasure from genital stimulation?
- a Latency Stage
 - b Phallic Stage
 - c Genital Stage
 - d Anal Stage
- 1.4 Jean Piaget suggested that children progress through several distinct developmental stages. Choose the correct order of these stages.
- a Sensory-motor, pre-operational, formal operational, concrete operational
 - b Sensory-motor, concrete operational, pre-operational, formal operational
 - c Sensory-motor, pre-operational, concrete operational, formal operational
 - d Sensory-motor, formal operational, pre-operational, concrete operational

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- 1.5 In which stage would children face the “Identity versus Role Confusion” according to Erikson’s stages of life,
- a Infancy
 - b Pre-school
 - c Adolescence
 - d Early Childhood
- 1.6 Who is the most influential person in the spectrum of social learning theories
- a Eric Erikson
 - b B.F. Skinner
 - c John Watson
 - d Albert Bandura
- 1.7 Which of the following is a specific method of qualitative research?
- a Clinical experiments
 - b Interviews
 - c Questionnaire
 - d Self-report
- 1.8 What is a longitudinal design?
- a The same group of participants repeatedly studied over a period
 - b An investigator might look at several age groups simultaneously
 - c A study of language development for one year
 - d A random sample of different age groups

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- 1.9 The order of the three phases of pre-natal development is
- a Fetal stage, germinal stage, embryonic stage
 - b Fertilization, germinal stage, fetal stage
 - c Germinal stage, embryonic stage, fetal stage
 - d Embryonic stage, fertilization, germinal stage
- 1.10 What is the duration of the embryonic stage of pregnancy?
- a The first two weeks
 - b Two weeks to two months
 - c Two months to birth
 - d Two months to nine months
- 1.11 Which of the following is NOT a risk factor to prenatal development?
- a AIDS
 - b Rubella
 - c Mother smoking during pregnancy
 - d Cesarean delivery
- 1.12 Which is measured by the 'visual cliff' experiment?
- a Infants' depth perception
 - b Infants' pattern perception
 - c Infants' reaction of surprise
 - d Infants' crawling abilities

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- 1.13 During the infancy, the hemispheres start to develop specialty functions. This is known as.....
- a Left hemisphere
 - b Right hemisphere
 - c Lateralization
 - d Myelination
- 1.14 In language development what is known as 'Syntax'?
- a The form in which words are combined to make grammatical sentences
 - b Knowledge that the child has about the social context of language
 - c The study of phonemes
 - d The meanings encoded in language
- 1.15 According to the Piaget, what are the typical aspects of preoperational thoughts?
- a Egocentrism
 - b Animism
 - c Inability to conserve
 - d All of the above
- 1.16 Who explained about the socio-cultural perspective which emphasises the impact of social connections on learning?
- a Vygotsky
 - b Piaget
 - c Skinner
 - d Bandura

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- 1.17 What concept describes about our own judgements, our self-worth and how these judgements make us feel?
- a Self-efficacy
 - b Self-esteem
 - c Self-concept
 - d Self-confidence
- 1.18 Which of these is a characteristic of an “Authoritative Parent”?
- a Have strict ideas about discipline and behaviour that are not open to discussion
 - b Have relaxed ideas about behaviour and discipline
 - c Tend to have popular, prosocial children
 - d Have children with lower achievement at school
- 1.19 What type of play is described when children play on their own without observations or interacting with others (peers or guardians)?
- a Associative play
 - b Cooperative play
 - c Socio-dramatic play
 - d Non-social activity
- 1.20 What is the suggestion in social learning theory?
- a Moral behaviour like any other behaviour is learnt through modelling.
 - b Children can distinguish between moral imperatives and social conventions.
 - c Moral development is an emotionally driven concept
 - d Motor development can be improved through physical activities

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ANSWER SHEET FOR SECTION-1

Q. No.	(a)	(b)	(c)	(d)
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SECTION 2: SHORT ANSWER QUESTIONS (12 QUESTIONS – 60 MARKS)

WRITE ANSWERS ONLY WITHIN THE SPACE PROVIDED.

2.1 What are the three basic concepts considered in lifespan development?

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2.2 List the periods of human development.

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2.3 Briefly describe the two key issues considered in the study of human development.

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2.4 Describe “classical conditioning” with an example.

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2.5 Describe 'case study' as a method of research in lifespan development.

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2.6 What is 'Fertilization'?

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2.7 Describe the term "Myelination"

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2.8 Briefly describe the difference between "Gross motor skills" and "Fine motor skills"

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2.9 State three main health issues of early childhood.

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2.10 List parenting styles which describes the nature of parent interaction with children.

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2.11 Briefly describe different play patterns children engage in?

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2.12 How does 'social environment' influence on socio-emotional development of a child?

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-----END OF QUESTION PAPER-----