

THE OPEN UNIVERSITY OF SRI LANKA

BACHELOR OF EDUCATION DEGREE (NATURAL SCIENCES) -



FINAL EXAMINATION - 2008

ESU 3114 – GUIDANCE AND COUNSELLING IN EDUCATION

DURATION : THREE (03) HOURS

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DATE 02<sup>nd</sup> September, 2008

TIME : 9.30 a.m. – 12.30 p.m.

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Answer all questions in Part I and any three questions from Part II.

PART – I

01. Briefly explain why 'counseling process' is described as a developmental process at present.
02. Name the five approaches of counseling theory.
03. Explain in brief how mental problems faced by a person is analysed in Rational Approaches.
04. State 3 factors that hinder personality adjustment and briefly explain one of them.
05. Discuss in brief importance of code of ethics for the counseling service.
06. Name 3 main stages of process of vocational choice according to the Eli Ginzber's theory.
07. Indicate 3 advantages of centralized school guidance and counseling service.
08. List out 5 school related factors that can be influenced disruptive behaviours in children.

(5 x 8 = 40 marks)

**PART – II**

9. i. Explain how the concept of guidance expanded as the concept of counseling. (10 marks)
- ii. Elucidate why counseling process is broader and scientific than guidance process. (10 marks)
10. i. Summarize the psychoanalytic theory presented by Sigmund Freud. (05marks)
- ii. Analyse by citing 3 examples how unconsciousness factors influence children's personality adjustment. (08 marks)
- iii. Explain in brief how parents or teachers could minimize negative affect of unconscious factors in children. (07 marks)
11. "Encouragement is very essential especially for those who have developed the mind set that 'there is no body who cares for me' "
- Critically analyse the above statement. (20 marks)
12. i. List five learning related problems faced by children. (05 marks)
- ii. What are the reasons behind those problems. (07 marks)
- iii. Select a problems from the list mentioned above and analyse how you could assist a child to solve it. (08 marks)
13. "It is necessary to have a career counseling service in schools to remove the mismatch between education and the world of work"
- Critically examine the above statement. (20 marks)
14. Write note on any two of the following topics.
- i. Rating scales.
- ii. Institute of psychological studies.
- iii. Albert Ellis
- iv. Counseling needs of children in secondary school. (10 x 2 = 20 marks)