

THE OPEN UNIVERSITY OF SRI LANKA  
FACULTY OF HEALTH SCIENCES  
DEPARTMENT OF PSYCHOLOGY & COUNSELLING  
2018/19- SEMSETER-1-FINAL EXAMINATION



BSC HONOURS IN PSYCHOLOGY  
PLU3205: ACADEMIC WRITING IN PSYCHOLOGY- LEVEL-3  
FINAL EXAMINATION PAPER  
DURATION: 2 HOURS

DATE: 01<sup>st</sup> MARCH 2019

TIME: 14.00pm.-16.00pm

REGISTRATION NO: .....

**IMPORTANT INSTRUCTIONS/ INFORMATION TO CANDIDATES**

- This question paper consists of 10 pages with TWO sections.
- Section 1: 20 Multiple Choice Questions (40 Marks)-COMPULSORY
- Section 2: Choose 4 Questions out of 6 -Structured Essay Type (60 Marks)
- Write your Registration Number in the space provided.
- **Multiple Choice Questions (Section 1):** Indicate answers in the ANSWER SHEET provided by placing a cross (X) in INK in the relevant cage (answers in pencil will NOT be marked).
- **Structured Essay type questions (Section 2):** Choose 4 questions and write in the distributed answer sheets.
- Do NOT remove any page/part of this question paper from the examination hall.
- Do NOT keep unauthorized material, including mobile phones and other electronic equipment, with you during the examination.

## SECTION 2: STRUCTURED ESSAY QUESTIONS

Choose 4 OUT OF 6 QUESTIONS and answer using the provided answer sheets (60 MARKS)

- 1 **Brainstorming is an activity that can help a writer to gather information and write quickly.**
  - (a) Identify and briefly describe types of brainstorming techniques (5 marks)
  - (b) Choose a ONE of the following topics and write a brief paragraph focusing on your experiences related to the topic (10 marks)  
Importance of Distance Education **OR**  
Importance of Open Education Resources (OER)
  
- 2 **Read the given abstract and provide appropriate responses for each of the categories given below. Answers must be written in your own words except when using technical terms**

This study examines the relative contributions of individual characteristics of personality and health behaviors to subjective wellbeing among university-attending emerging young adults. Three dimensions of wellbeing were assessed: affective (positive affect), physical/mental (overall health), and cognitive (quality of life). The sample (N=599) consisted of students of various racial/ethnic backgrounds, including White/non-Hispanic, Hispanic/Latino, Asian/Pacific Islander, and Black/African American from a large public university in Southern California (28% male, 72% female; mean age = 20.85, SD = 1.84). Respondents completed the Student Health Survey, which consisted of items on basic demographics, substance use, health behaviors, Affect Balance Scale, Extraversion and Neuroticism subscales of the Big Five Taxonomy of Personality, Quality of Life scale, and an online food-intake survey for seven days. Descriptive statistics and bivariate correlations were calculated as preliminary analysis and hierarchical regression analyses were conducted to examine how each set of predictors contributes to the overall predictive ability and relative importance on subjective wellbeing. Extraverted individuals reported more positive affect and higher quality of life. Neuroticism was associated with less positive affect, poorer health, and lower quality of life. Physical activity was consistently associated with subjective wellbeing, accounting for 33%, 13%, and 32% of the total variance in positive affect, overall health, and quality of life, respectively. Findings indicate that health behaviors are important correlates of three dimensions of wellbeing over and above the effects of personality traits. Implications for designing health and wellness programs to improve the wellbeing and quality of life among young adults are discussed (Cheng et al, 2015,p.21).

- a Appropriate title for the research study (3 marks)
  - b Participants characteristics (4 marks)
  - c Material/Instruments used (4 marks)
  - d Conclusion (4 marks)
- 3 Learners of any academic discipline should be able to recognize plagiarism, its various forms and how it can be avoided when writing for academic purposes.
- a Define and describe plagiarism (5 marks)
  - b Discuss techniques/strategies that are used to avoid plagiarism when writing research reports, essays. Give examples to illustrate your answer. (10 marks)
- 4 Read the advertisement given and answer the questions below it.

Do you want to increase your brain power? Be smarter? Remember everything?  
Experience the results you have wanted with a MASSIVE scientific breakthrough. Our Doctor approved pill will actually help you boost your memory power by 50%. The results are guaranteed. We will return your money if you do not see results in 3 months!

Other benefits:

- You will pass your exams
- You will remember what you read and study
- No surgeries or anything that involves health risks
- 100% natural herbal products are used to make them

Available at all local supermarkets and pharmacies

Memory poWer™ is a registered product under licensed no -001129289 at SLOW.inc.

Nulweni, Delhi, India

- 4 (a) What type of evidence would you collect before making a decision to purchase the product mentioned? (7 marks)
- (b) Identify and discuss the processes you would use and the sources you would consult, if you want to conduct a research study on memory (8 marks)

5 **Read the following paragraph and re-write it using formal academic writing style.**

“Now you see that lot of people are really glued to their screens. It’s this and that with many companies putting out new gadgets every day. Kids these days are spoiled with choices. Most of them at least have a tab or a phone with them to play games and all other nonsense. We sure do need to think about what we are doing to them. Parents have no control, and someone should tell them how to control these gadgets. Kids are ruined by these gizmos. No kid today can read or write properly as they just write half words or just a few letters to mean something. Why don’t parents and adults who buy these think a bit more carefully about the things they buy for kids. We have not heard about those evil gadgets making them crippled yet, but I guess that day is not far away. Actually, there are things in papers sometimes which mention that these gadgets are bad for kids’ brain growth. Maybe it is true, maybe it is not, as you can’t believe everything in the newspapers these days. But they need to do more to stop this ruining our kids and even grandkids” (15 marks)

6 **Write briefly about each of the following topics**

- a Critical thinking as a skill (5 marks)
- b Research ethics in Psychology (5 marks)
- c Analytical writing (5 marks)

END OF QUESTION PAPER-----