

The Open University of Sri Lanka
 Department of Nursing
 BSc (Hons) in Nursing - Level 6
 NGU6305 – Palliative Care Nursing
 Final Examination - 2018/2019

Return your question papers with the answer sheets

Date: 28.02.2019

Duration – 03 hours

Time: 1.30pm – 4.30pm

Index No.....

Please read the following instructions carefully before you answer the paper.

Answer all questions.

Part A - Multiple Choice Questions (30 marks)

1. There are 30 Multiple Choice Questions of this paper, each with four responses. Select the most suitable response to each question.
2. On the answer sheet there are four cages, opposite each question number labeled "a" to "d".
 - Indicate the answer by making a cross (X) over the appropriate letter in the box.

Part B - Matching Questions. (10 marks)

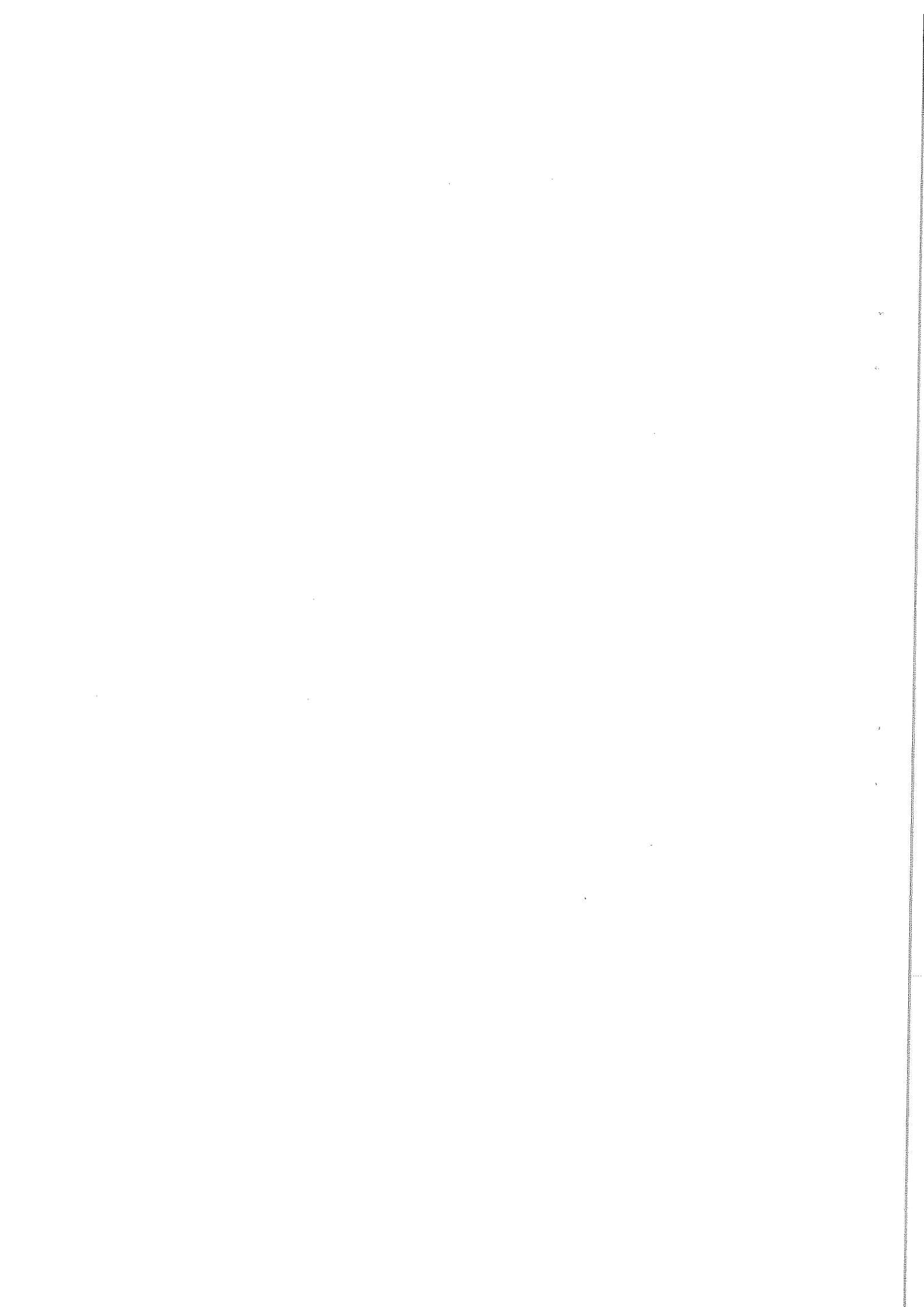
Part C- Short Answer Questions. Write answers to all within the given space (40 marks)

Part D- Short Essay Question. Write answers within the given space (20 marks)

- Do NOT remove any page/part of this question paper from the examination hall.
- Do NOT keep unauthorized material, including mobile phones and other electronic equipment with you during examination.

Good Luck!

(Marking Purposes Only)	
Part A	
Part B	
Part C	
Part D	
Total	



Part B – Matching Questions (10 marks)

Match the phrases given on the **Left** with most relevant words or phrase given on the **Right**.

Put the letter belongs to the selected word in the brackets given on the middle.

	Left		Right
1.	Weak opioid	()	A. Asthenia
2.	Strong opioid	()	B. Radiotherapy
3.	Spinal cord lesion	()	C. Codeine
4.	Advance Care planning	()	D. Corticosteroids
5.	Aid for expectoration	()	E. Haloperidol
6.	Appetite stimulant	()	F. Mucolytic agents
7.	Generalized weakness associated with fatigue	()	G. Sleep deprivation
8.	Anticancer therapy	()	H. Eliciting preferences
9.	Precipitate or aggravate delirium	()	I. Spastic bowel
10.	Most frequently used drug for delirium	()	J. Cough
			K. Diamorphine
			L. Antihypertensive

Part C – Short Answer Questions (40 Marks)

Answer all questions within the given space

Question 1 - (10 Marks)

1.1) List **four (04)** goals of palliative care. **(04 Marks)**

- I.
- II.
- III.
- IV.

1.2) List **four (04)** main principles of medical ethics. **(04 Marks)**

- | | |
|----------|-----------|
| I. | III. |
| II. | IV. |

1.3) Define, what is pain? **(02 Marks)**

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Question 2 - (10 Marks)

2.1) List **five (05)** reasons why politicians should know about palliative care? **(05 Marks)**

- I.
- II.
- III.
- IV.
- V.

2.2) List **five (05)** causes for stresses in palliative care under the organizational aspect. **(05 Marks)**

- I.
- II.
- III.
- IV.
- V.

Question 3 - (10 Marks)

3.1) "Palliative care patients are particularly vulnerable and susceptible to proposals to enrol in clinical trials". Give **four (04)** reasons to prove this statement. **(04 Marks)**

- I.
- II.
- III.
- IV.

3.2) List **three (03)** possible benefits of dehydration in terminally ill patients. **(03 Marks)**

- I.
- II.
- III.

3.3) List **three (03)** possible disadvantages of artificial hydration in terminally ill patients. **(03 Marks)**

- I.
- II.
- III.

Question 4 - (10 Marks)

4.1) Name **three (03)** recognized pain assessment scales. **(03 Marks)**

- I.
- II.
- III.

4.2) List **three (03)** causes for airway obstruction in patients who are receiving palliative care. **(03 Marks)**

- I.
- II.
- III.

4.3) List two (02) general measures that you can take for prevention of constipation. **(04 Marks)**

- I.
- II.

Part D –Short Essay Question (20 Marks)

1. Barriers to provide palliative care are one the major concerns in palliative care nursing

1.1) Briefly discuss barriers related to the physician. **(10 Marks)**

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