



The Open University of Sri Lanka  
 Department of Nursing  
 BSc Honours in Nursing Degree Programme- Level 6  
 NGU6304- Gerontological Nursing  
 Final Examination - 2018/2019

Return your question papers with the answer sheets

Date: 28.02.2019

Duration - 03 hours

Time: 9.30am - 12.30pm

Index No.....

Please read the following instructions carefully before you answer the paper.

Answer all questions

Part A – 30 Multiple Choice Questions (30 marks)

1. There are 30 Multiple Choice Questions of this paper, each with four responses. Select the most suitable response to each question.
2. On the answer sheet there are four cages, opposite each question number labeled "a" to "d".
  - Indicate the answer by making a cross (X) over the appropriate letter in the box.

Part B – 10 Matching Questions (10 marks)

Part C - 10 Short Answer Questions

Write answers to all within the given space. (40 marks)

Part D – 01 Structured Essay Question.

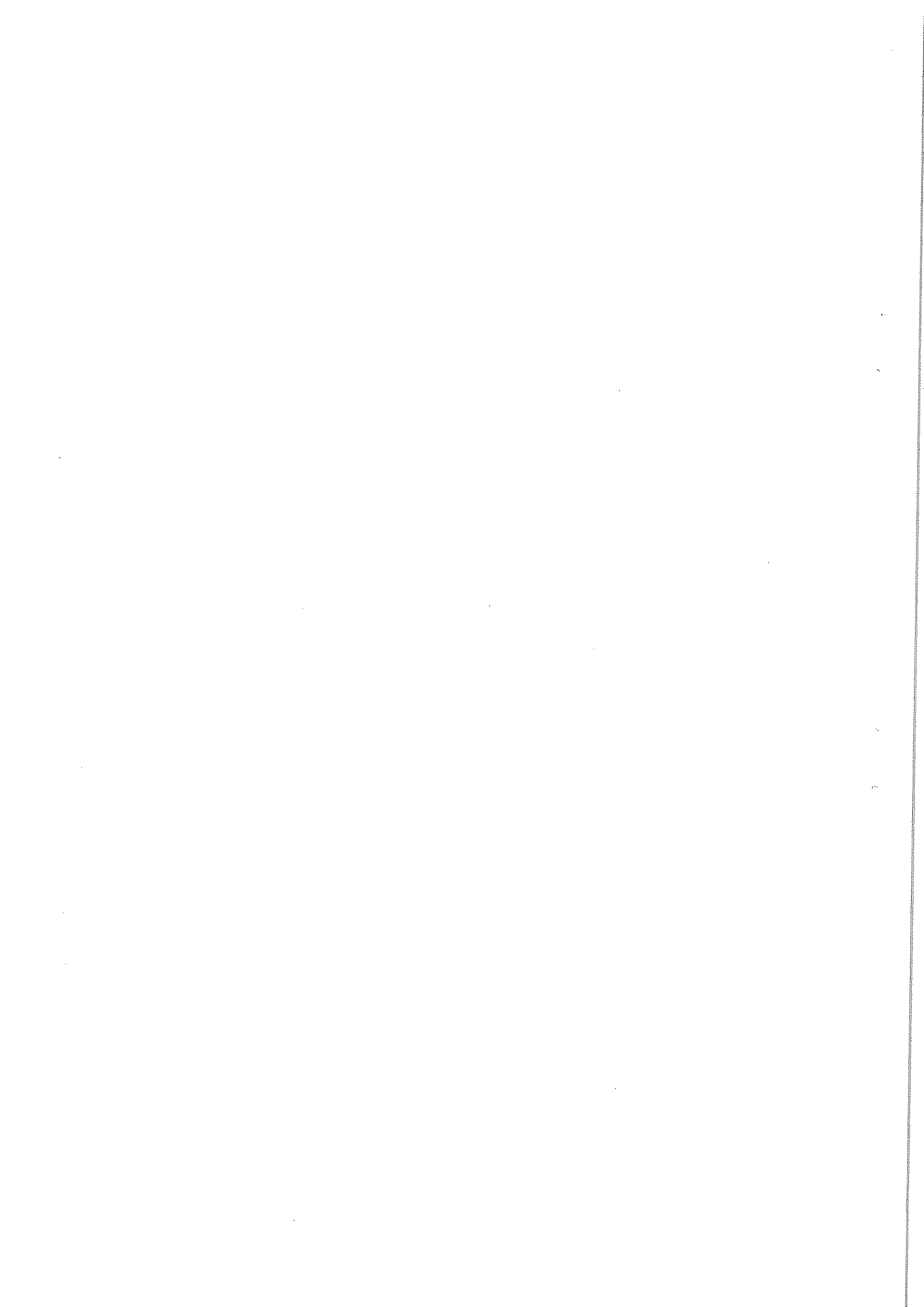
Write answers within the given space. (20 marks)

- Do NOT remove any page/part of this question paper from the examination hall.
- Do NOT keep unauthorized material, including mobile phones and other electronic equipment with you during examination.

Good Luck!

(Marking Purposes Only)

Part A	
Part B	
Part C	
Part D	
Total	



**Part B - Matching Questions (10 marks)**

Match the phrases given on the **left** with most relevant words given on the **right**. Put the letter belongs to the selected word in the brackets given on the left.

Left		Right
1. Life is a dynamic process	( )	A. Principles
2. Stress management technique	( )	B. Chiropractic
3. Sign of vitamin C deficiency	( )	C. Gallstones
4. Widely accepted theories	( )	D. Psychological Theories of Aging
5. Internal and external environment factors	( )	E. Collagen
6. Decrease homocysteine levels	( )	F. Folic Acid
7. Reduce pain and discomforts	( )	G. Purpura
8. Decreased bile salt	( )	H. Vitamin B12
9. Assuring older adults rights	( )	I. Fungal infections
10. More frequently face to cross-linking reactions	( )	J. Physical exercises
		K. Advocator
		L. Error theories

**Part C - Short Answer Questions (40 marks)**

1) As a gerontological nurse, give the justification for segmenting the different age groups in your ward. **(05 marks)**

.....  
.....  
.....  
.....

2) Write **four (04)** key characteristics of the theory of gerotranscendence. **(04 marks)**

I. ....  
II. ....  
III. ....  
IV. ....

3) You are supposed to arrange an educational intervention programme for elderly people regarding nutritional habits. As a nurse educator write **four (04)** adult learning principles you are supposed to use when you are conducting this programme. **(04 marks)**

I. ....  
.....  
II. ....  
.....  
III. ....  
.....  
IV. ....  
.....

4) What are the standards which was developed by the American Nurses Association (ANA) for gerontological nurses? **(05 marks)**

- I. ....
- II. ....
- III. ....
- IV. ....
- V. ....
- VI. ....
- VII. ....
- VIII. ....
- IX. ....
- X. ....

5) Write **four (04)** main age related changes in urinary system. **(04 marks)**

- I. ....
- II. ....
- III. ....
- IV. ....

6) Write **four (04)** preventive measures you can give for the older adults to promote their normal bowel elimination. **(04 marks)**

- I. ....
- II. ....
- III. ....
- IV. ....

7) Older age people have a higher risk of infection. Give **three (03)** age related immune system alterations for this condition. **(03 marks)**

- I. ....
- II. ....
- III. ....

8) Assuming that you are taking a history from an older client who is having dysphagia for a long time. Write **four (04)** important points which should be considered in taking the history. **(04 marks)**

- I. ....
- II. ....
- III. ....
- IV. ....

9) Identify **three (03)** challenges faced by health care professionals when caring for elderly people with chronic illnesses. **(03 marks)**

- I. ....
- II. ....
- III. ....

10) Write **four (04)** gerontological nurse's responsibilities throughout the chronic illness trajectory. **(04 marks)**

- I. ....
- II. ....
- III. ....
- IV. ....

**Part D - Structured Essay Question (20 marks)**

Mr. Amal who is 65 years of age, and a retired principal is admitted to your ward due to urinary incontinence. His wife, a 62 year old retired teacher accompanied him at the time of admittance. They have two children, who are living apart from their parents. Mr. Amal has complained that he requires night time voiding and he has fallen for several times when he is walking to the bathroom at night time. Physical examination of Mr. Amal revealed that he is having eye sight weakness so that having reading difficulty. Also, his wife complained that Mr. Amal got two heart attacks during last five years but he is unconcerned about his condition.

Considering the whole situation of the given scenario, write **five (05)** priority nursing diagnosis for Mr. Amal according to the **NANDA** system with **two (02)** nursing **interventions** for each diagnosis.

Se. No	Nursing diagnosis	Nursing Interventions
1		
2		
3		
4		
5		

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