BACHELOR OF SCIENCE HONOURS IN NURSING
NSU3213 PSYCHIATRY & MENTAL HEALTH NURISING- LEVEL 5
FINAL EXAMINATION

DATE: 05TH NOVEMBER 2019 TIME: 09.30AM –12.30 PM

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Part B - 10 True/False Questions. (10 Marks)

State whether the statements are "True" or "False" by underlining the word given in the bracket

1. Parasomnia is excessive sleepiness or seeking an excessive amount of sleep

   (True / False)

2. Making nursing diagnoses is carried out during the orientation phase of therapeutic relationship development (True / False)

3. Reminiscence groups is considered as an effective approach in dementia care

   (True / False)

4. Patients with dissociative disorders can experience paralysis of body parts

   (True / False)

5. Depression is a significant contributor to the global burden of disease

   (True / False)

6. Tactile hallucination is most likely to seen in a patient with alcohol dependence

   (True / False)

7. Suicide mortality rate is higher among females and attempted suicidal rate is higher among males (True / False)

8. Most appropriate therapeutic communication technique for patients experiencing hallucination is voicing doubt (True / False)

9. Number of medical illnesses contribute to causing dementia (True / False)

10. Anomic suicides are taken place as a result of people scarifying their lives for the political religious or cultural influences (True / False)

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Part C – Short Answer Questions (SAQs) (40 marks)

Answer within the given space.

Q1:

1.1. Name **two (02)** essential characteristics of a psychiatric nurse **(04marks)**

I .....

II.....

1.2 State **two (02)** factors that have contributed to the development psychiatric nursing **(04marks)**

I. .....

II. .....

1.3 State **two (02)** major trends in mental health care **(02marks)**

II. .....

III. .....

Q2:

2.1 List **four (04)** nursing interventions for a patient with dementia **(04marks)**

I. .....

II. .....

III. .....

IV. .....

2.2 Outline **four (04)** typical nursing diagnoses for a patient with Dementia. **(04marks)**

I.....

II. .....

III. .....

IV. .....

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2.3 Outline **two (02)** health advises you would give a care giver of a patient with dementia.
(02marks)

I. .....

II. .....

Q3:

3.1 List **four (04)** types of sleep disorders **(04marks)**

I. .....

II. .....

III. .....

IV.....

3.2 Outline **two (02)** nursing diagnoses of patient with sleep disorders **(04marks)**

I. .....

II. .....

3.3 Outline **two (02)** questions that you would ask during the assessment of sleep **(02marks)**

I. .....

II. .....

Q4:

4.1 State **two (02)** nursing strategies suitable for caring for a patient with aggression
(02 marks)

I. .....

II. .....

4.2. Outline **two (02)** nursing responsibilities in caring for a patient with suicidal behavior
(04Marks)

I. .....

II. .....

4.3. Outline **two (02)** nursing responsibilities in caring for a patient with social isolation and mute. **(04 Marks)**

I. .....

II. .....

Part D – Short Essay Questions (SEQs) (20 marks)

Answer within the given space.

Q1:

Briefly describe major risk factors for developing mental disorders **(10 Marks)**

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Q2:

Briefly Describe the role of the nurse in antipsychotic therapy **(10 Marks)**