(11)

00059

THE OPEN UNIVERSITY OF SRI LANKA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF NURSING
ACADEMIC YEAR 2018/2019 – SEMSETER 1 & II

BACHELOR OF SCIENCE HONOURS IN NURSING
NGU5910 PRIMARY HEALTH CARE 1 - LEVEL 5
FINAL EXAMINATION

DATE: 25TH NOVEMBER 2019 TIME: 09.30AM –12.30 PM

INDEX NO: .....

INDEX NO : .....

Part B – Matching Questions – (10 Marks)

Match each words or phrases given in the left column with one of the most suitable descriptions given in the right column. Indicate the letter corresponding to your response in the given space. (Within brackets)

	Left column			Right column
1.	Fourteen different functions to measure clients' level of health	(.....)	A.	Indigenous medicine
2.	Review existing data in the past	(.....)	B.	Human papillomaviruses vaccination
3.	Disease rates that clearly exceed normal or expected frequency in a community or region	(.....)	C.	Immunity
4.	Earliest system of medicine practice in Sri Lanka	(.....)	D.	Virginia Henderson
5.	Bandaranaike Memorial Ayurvedic Research Institute	(.....)	E.	Mental illness
6.	Insertion of long thin needles to stimulate production of brain own pain killers (endorphins)	(.....)	F.	Xeropthalmia
7.	Prevention of cervical cancer	(.....)	G.	Retrospective studies
8.	Any disturbances of emotional equilibrium	(.....)	H.	Epidemic
9.	Ability of a person to resist a particular infection	(.....)	I.	Kalutara
10.	Rapid drying eye due vitamin A deficiency	(.....)	J.	Florence Nightingale
			K.	Acupuncture
			L	Nawinna

Part C - Four (04) Short Answer Questions. (45 Marks)

Q1.

1.1 Define primary health care. (5 Marks)

.....

.....

.....

.....

.....

1.2 List **FIVE (05)** principles of PHC? (5 Marks)

i. .....

ii. .....

iii. .....

iv. .....

v. .....

1.3 List **Five (05)** elements of PHC.

(5 Marks)

i. .....

ii. .....

iii. .....

iv. .....

v. .....

(Total =15 Marks)

Q2 Cardio-vascular diseases have been identified as the leading cause of hospital deaths in Sri Lanka.

2.1 State **FOUR (04)** most common cardio-vascular disease conditions in Sri Lanka.

(4 Marks)

i. .....

ii. .....

iii. .....

iv. .....

INDEX NO : .....

2.2 List **FIVE (05)** risk factors affecting for cardiovascular diseases. (4 Marks)

i. .....

ii. .....

iii. .....

iv. .....

v. .....

2.3 Describe briefly nurses' role in prevention of cardio-vascular diseases. (7 Marks)

i. .....

.....

ii. .....

.....

iii. .....

.....

iv. .....

.....

v. .....

.....

vi. .....

.....

vii. .....

.....

(Total =15 Marks)

Q3. There are some disease conditions that occur due to disturbed nutrition.

3.1 Mention **THREE (03)** pathological conditions (disease related) that cause for nutritional disorders. (3 Marks)

i. .....

ii. .....

iii. .....

3.2 List **Four (04)** non-pathological causes for malnutrition. (4 Marks)

i. .....

ii. .....

iii. .....

iv. .....

3.3 Discuss nurses' role in prevention of protein energy malnutrition. (8 Marks)

i. .....

.....

ii. .....

.....

iii. .....

.....

iv. .....

.....

v. .....

.....

vi. .....

.....

vii. .....

.....

viii. .....

.....

(Total =15 Marks)

Part D: Short Essay Question. (15 Marks)

There are two sections in this part. Write answers in provided papers

You are a nurse attached to MOH 'X where reporting high incidence of Tuberculosis. You are expected to work with the community health team to address this problem helping the people to overcome the issue.

a) Identify four (04) risk groups in this community who are more prone to develop tuberculosis and discuss the nurses' role in prevention of the disease. (8 Marks)

b) Discuss nurses' role in promotion of health in the community. (7 Marks)