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THE OPEN UNIVERSITY OF SRI LANKA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF PSYCHOLOGY & COUNSELLING
2020/2021 – SEMSETER I—FINAL EXAMINATION

BSC (HONS) IN PSYCHOLOGY
PLU 3307 – LIFESPAN DEVELOPMENT- LEVEL 3
FINAL EXAMINATION PAPER
DURATION: 02 HOURS

DATE: 23.03.2022 TIME: 9.30 am – 11.30 am

INDEX NO: .....

SECTION 2: ESSAY QUESTIONS (60 MARKS)

Choose <u>four (04) out of the six (06) questions</u> given below and answer using the provided answer sheets

2.1 The development of logical thought can be identified as the major developmental change in concrete operational stage.

a) Briefly describe inductive reasoning and deductive reasoning. *(5 marks)*

b) Some children exhibit learning disabilities. Briefly explain dyslexia and dyscalculia. *(5 marks)*

c) According to Vygotsky, scaffolding is another form of learning. Briefly describe how scaffolding helps learning. *(5 marks)*

2.2

a) Considering Erik Erikson's theory of psychosocial development, briefly explain the developmental changes in adolescence and young adulthood. *(5 marks)*

b) List <u>five</u> (05) socio-emotional factors in early adulthood that are predictive of resilience and coping through the years.
(5 marks)

c) Briefly describe <u>two</u> (02) of them with examples. *(5 marks)*

2.3 Middle age is a period in which individuals experience stress due to many factors.

a) List <u>two</u> (02) positive life events and <u>two</u> (02) negative events that produce stress.
(5 marks)

b) Briefly explain how these <u>two</u> (02) positive life events produce stress. *(5 marks)*

c) Briefly discuss the psychosocial crisis of generativity versus stagnation stated by Erik Erikson. *(5 marks)*

2.4

a) List the four (04) main areas of emotional intelligence. *(4 marks)*
b) Briefly explain two (02) of them. *(5 marks)*
c) Briefly discuss the difference between activity theory and socio-emotional selectivity theory. *(6 marks)*

2.5 During late adulthood, several cognitive changes are visible instead of development.

a) List four (04) memory deficits in late adulthood. *(4 marks)*
b) Briefly explain two (02) of them. *(6 marks)*
c) Briefly discuss two (02) lifestyle factors that enhance quality of life in late adulthood. *(5 marks)*

2.6 Coping with the death of a loved one is an extremely distressing experience for a person.

a) Briefly describe grief and bereavement. *(5 marks)*
b) List Kubler Ross stages of grief. *(5 marks)*
c) Briefly explain two (02) of them. *(5 marks)*

----------END OF QUESTION PAPER----------