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2 MAR 2022
THE OPEN UNIVERSITY OF SRI LANKA
KANDY REGIONAL CENTRE
EXAMINATION

THE OPEN UNIVERSITY OF SRI LANKA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF PSYCHOLOGY & COUNSELLING
2020/2021 – SEMESTER I—FINAL EXAMINATION

BSC (HONS) IN PSYCHOLOGY
PLU 5303 - LEARNING THEORY AND BEHAVIOR MODIFICATION- LEVEL 5
FINAL EXAMINATION PAPER
DURATION: TWO (02) HOURS

DATE: 25th March 2022 TIME:2.00 P.M – 4.00.P.M.

INDEX NO: .....

SECTION 2: ESSAY QUESTIONS (60 MARKS

Choose 04 out of the 06 questions given below and answer using the provided answer sheets

2.1 a) Briefly discuss situations which require behavior modification of children in the school setting. (7.5 marks)

b) Develop a Behaviour Intervention Plan for a child with disruptive behaviour at the classroom. (7.5 marks)

2.2 a) Discuss Operant Behaviors with examples (7 marks)

b) Briefly discuss a situation which can be used as "negative reinforcement" for behavior modification of children (8 marks)

2.3 Gayan is a 12 year old student who is having a phobia of Spiders (Arachnophobia). Due to this problem, he is avoiding going to toilets in school times. Further, he is requesting his mother to clean the house frequently to make sure that there are no spiders at home. This situation is giving significant distress to Gayan as well as family members.

a) What are the reasons for developing specific phobias? (5 marks)

b) If you are the Psychotherapist of Gayan, how can you help him to overcome this problem? (10 marks)

2.4 a) Briefly explain the importance of creating a Token Economy for behavioural management (7.5 marks)

b) Evaluate the disadvantages associated with Token Economies (7.5 marks)

2.5 Self-control decides a lot that happens in a person's life. Poor self-control is likely to increase complaints of psychological symptoms, distress, and vulnerability to fail in controlling impulses.

a) Define "self-control" (5 marks)

b) You are invited to deliver a lecture on promoting self-control of teenagers in a school. Highlight the main points of your lecture. (10 marks)

2.6 Critically evaluate the misconceptions and arguments about Behavior Modification (BM) with relevant examples (15 marks)

----------END OF QUESTION PAPER----------