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THE OPEN UNIVERSITY OF SRI LANKA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF NURSING
ACADEMIC YEAR 2020/2021– SEMSETER I & II

BACHELOR OF SCIENCE HONOURS IN NURSING
NGU5910 PRIMARY HEALTH CARE I - LEVEL 5
FINAL EXAMINATION

DATE: 28TH SEPTEMBER 2022 TIME: 9.30AM –12.30PM

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Part B – Matching Questions – (10 Marks)

Match the terms/word in the Left Column with the terms /words Right Column indicating the letter corresponding to your selected response in the given brackets.

Left		Right
1. Cardinal signs of syphilis	(.....)	A. Indirect inspection
2. Modern neuro humours	(.....)	B. Health promotion
3. Stimulate production of endorphins	(.....)	C. Human rabies
4. Primary goal of nursing	(.....)	D. Ischemic heart disease
5. A system of medicine practiced by Arabs	(.....)	E. Lymphadenopathy
6. Suturing of wounds is not recommended	(.....)	F. Catecholamine
7. A leading cause of hospital deaths	(.....)	G. Acupunture
8. Qualitative over nutrition	(.....)	H. Marasmus
9. Structural safeguards against disease transmission	(.....)	I. Unani
10. Ophthalmoscope	(.....)	J. Hypervitaminosis
		K. Kwashiorkor
		L. Lymphocytes

Part C - Short Answer Questions – (40 Marks)

Write answers to all questions within provided spaces.

Question 01

1.1 State the **five (05)** principles of PHC? (05 Marks)

i. .....

ii. .....

iii. .....

iv. .....

v. .....

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1.2 State the **five (05)** out of **eight (08)** essential elements of PHC? (05 Marks)

i. .....

ii. .....

iii. .....

iv. .....

v. .....

(Total Marks -10)

Question 02

2.1 State **four (04)** Principles of Family Health Care. (04 Marks)

i. .....

ii. .....

iii. .....

iv. .....

2.2 List **three (03)** levels of prevention. (03 Marks)

i. .....

ii. .....

iii. .....

2.3 Provide an example for each level of prevention. (03 Marks)

i. ..... - .....

ii. ..... - .....

iii. ..... - .....

(Total Marks -10)

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Question 03

3.1 What is meant by environmental pollution? (01 Mark)

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3.2 Name **two (02)** environmental factors that can affect health of the people? (02 Marks)

i. .....

ii. .....

3.3 You are a community health nurse working in an urban community setting. You are responsible for organizing an awareness session on '**Water pollution**' for a group of community people. What are the facts that you would include in your session in following areas.

3.3.1 **Two (02)** possible sources of water pollution. (02 Marks)

i. .....

ii. .....

3.3.2 **Two (02)** health effects to the human body. (02 Marks)

i. .....

ii. .....

3.3.3 **Three (03)** prevention strategies of water pollution. (03 Marks)

i. .....

ii. .....

iii. .....

(Total Marks -10)

Question 04

Increasing of non-communicable diseases is a considerable public health problem globally that result in increasing morbidity and mortality.

3.1 List **three (03)** most common Cardio Vascular Diseases (CVD) in Sri Lanka? (03 Marks)

i. .....

ii. .....

iii. .....

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3.2 State **three (03)** predisposing factors that increase risks of CVDs. (03 Marks)

i. .....

ii. .....

iii. .....

3.3 Propose **four (04)** actions that nurses can take to control and prevent cervical cancers in Sri Lanka? (04 Marks)

i. .....

ii. .....

iii. .....

iv. .....

(Total Marks = 10)

Part D. Short Essay Question. (20 Marks)

Provide answers within given spaces

Question 01

As revealed by the Ministry of Sri Lanka, prevalence of HIV/AIDS among young adults is high. Discuss the nurses' role in prevention and control of HIV/AIDS. (10 Marks)

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Question 02

Write a short note on nurses' role in health promotion. (10 Marks)

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