BSC (HONS) IN PSYCHOLOGY
PLU 3307 – LIFESPAN DEVELOPMENT- LEVEL 3
FINAL EXAMINATION PAPER
DURATION: 03 HOURS

DATE: 22.03.2024 TIME: 9.30am-12.30 pm

SECTION 2: ESSAY QUESTIONS (60 MARKS)

Choose four (04) out of the six (06) questions given below and answer using the provided answer sheets.

2.1 The Lifespan Perspective explains six assumptions in relation to the process of human development. Accordingly, the process of human development is described as a multidirectional and a multidisciplinary process.

a) Explain why it is regarded as a multidirectional process? Give examples. *(5 marks)*

b) Explain why it is regarded as a multidisciplinary process? Give examples. *(5 marks)*

c) List five main developmental processes. *(5 marks)*

2.2 Social and emotional development in old age can be based on individuals' social activity and their attitude towards aging.

a) In relation to the socio-emotional development in late adulthood,
i). explain the Socio-emotional Selectivity Theory. *(5 marks)*
ii). discuss the Activity Theory. *(5 marks)*

b) Briefly explain two psychological consequences of impaired vision and hearing with examples. *(5 marks)*

2.3 Individuals tend to change their behaviour through learning.

a) Explain operant conditioning? Give an example. *(5 marks)*

b) Give an example that explains the four (04) cognitive components of the observational learning described by Albert Bandura. *(10 marks)*

2.4 Aging process is related to various changes in physical, cognitive and social functioning.

a) Briefly explain ageism. *(5 marks)*

b) Atchley (1994) identified phases an individual would go through when they retire. Explain the first and the second phases. *(10 marks)*

2.5 a) Erik Erikson's theory of psychosocial development explains different crisis that individuals experience in each development stage.

i) Explain the developmental changes in early childhood. *(5 marks)*

ii) Explain the developmental changes in preschool age. *(5 marks)*

b) List the five stages of Freud's psychosexual development. *(5 marks)*

2.6 Research in the field of developmental psychology focuses on understanding three areas in developmental changes in relation to the process of human development.

a) Briefly explain these three areas. *(6 marks)*

b) Briefly explain two research designs that would help researchers to study two of these areas. *(9 marks)*

----------END OF QUESTION PAPER----------