BSC (HONS) IN PSYCHOLOGY
PLU 3303 - MOTIVATION AND EMOTION- LEVEL 03
FINAL EXAMINATION PAPER
DURATION: 03 HOURS

DATE: 03.04.2024 TIME: 1.30 PM- 4.30 PM

SECTION 2: STRUCTURED ESSAY QUESTIONS (60 MARKS)

Choose 04 out of the 06 questions given below and answer using the provided answer sheets.

2.1 Motivation plays a pivotal role in driving human behavior and influencing outcomes across various domains of life.

a) Define motivation and explain its significance in understanding human behaviour. *(5 marks)*

b) Explore the various types of human motivations, distinguishing between intrinsic and extrinsic motivation, providing examples to illustrate each type. *(5 marks)*

c) Define the concept of drive and explain its significance in human motivation. *(5 marks)*

2.2 Amal, a 16-year-old student has recently been involved in several conflicts at school, exhibiting aggressive behaviors such as verbal outbursts and physical confrontations. When asked about his actions, Amal mentions that his friends often behave the same way, and he believes it's a normal part of teenage life.

a) Describe how the Social Learning theory would explain Amal's aggressive behaviour. *(7 marks)*

b) Discuss potential strategies that Amal's parents can implement to address and reduce his aggressive behaviours, considering the principles of behaviourism. *(8 marks)*

2.3 Theories of motivation seek to understand the factors that drive and regulate human behavior, aiming to explain why individuals initiate, sustain, and direct their actions towards specific goals or outcomes.

a) Explain the drive reduction theory of motivation and evaluate its effectiveness in explaining human behavior, considering its limitations. *(5 marks)*

b) What is Yerkes-Dodson law of performance? Explain with example. *(5 marks)*

c) Discuss the strengths and limitations of cognitive theories of motivation, with a specific focus on two cognitive theories. *(5 marks)*

2.4 The significance of emotions lies in their multifaceted role in human life, influencing cognition, behaviour, social interactions, and overall well-being.

a) Define the concept of emotion and discuss the challenges in providing a clear definition. *(5 marks)*

b) What are the main 3 components of emotional experiences?
How do these components interact to produce a complete emotional response?
Provide examples to demonstrate the interplay between these components.
(10 marks)

2.5 Jimmy, a 22-year-old University student, went to the movies to relax after a stressful week of exams. During the film, he laughed uncontrollably at a funny scene, but he soon noticed that he was the only one laughing, while everyone else remained silent and indifferent.

a) Consider Jimmy's emotional response in the provided case study. Which theory offers the most apt explanation for his reaction? Provide a detailed explanation to support your answer. *(7 marks)*

b) In your opinion, which theory best explains human emotions? Explain your answer, highlighting the strengths and limitations of various theories of emotions. *(8 marks)*

2.6 You've been designated to give an academic lecture discussing the complex connection between culture and emotions. Outline the main ideas and relevant examples of your plan to present during your lecture. *(15 marks)*

----------END OF QUESTION PAPER----------