EXAMINATION DIVISION

DATE: 02.04.2024 TIME: 1.30 PM- 4.30 PM

SECTION 2: STRUCTURED ESSAY QUESTIONS (60 MARKS)

Choose 04 out of the 06 questions given below and answer using the provided answer sheets

2.1 The importance of behavior lies in its profound impact on various aspects of human life, society, and the environment.

a) How does Miltenberger define human behaviour, and what are the key characteristics associated with it? Provide examples to illustrate these characteristics. *(5 marks)*

b) Explain the difference between overt and covert behaviour, highlighting their significance in behaviour modification. *(5 marks)*

c) Discuss the concept of "behavioural excess" and "behavioural deficit" within the framework of behaviour modification. Provide examples to illustrate each type. *(5 marks)*

2.2 As a teacher, you are facing challenges with a student who consistently disrupts the class by speaking out of turn. Despite employing various punishment strategies, you find that they are ineffective in control the behavior.

a) What are the potential pitfalls and harmful consequences associated with the prolonged use of punishment as a disciplinary measure? Explain your answer related to above case study. *(7 marks)*

b) Provide guidelines for effectively applying punishment to address disruptive behaviour in this classroom setting. *(8 marks)*

2.3 **Shaping is often used in various settings, including education, therapy, and animal training. It is particularly useful for teaching complex behaviors that cannot be easily achieved.**

a) Describe the process of shaping and provide an example of how it can be applied in real-life scenarios. *(5 marks)*

b) What are the key factors to consider when selecting reinforcement for shaping? *(5 marks)*

c) Identify potential pitfalls of using shaping in behaviour modification and discuss strategies to overcome them. *(5 marks)*

2.4 **Behaviour modification involves the application of principles and techniques to modify and improve human behaviour.**

a) Evaluate the effectiveness of behaviour modification techniques in managing the behaviour of children with special needs. How do these techniques need to be adapted for children with different disabilities? *(5 marks)*

b) Critically assess the statement, "Reinforcement is always preferred over punishment in behaviour modification." What are the implications of this statement for both individuals and organizations? *(10 marks)*

2.5 **Self-control and self-management are a fundamental aspect of human behaviour that plays a crucial role in various aspects of life.**

a) Analyse the factors that contribute to poor self-control and the potential consequences on personal and social wellbeing. *(7 marks)*

b) Discuss the practical implications of self-control and self-management skills in various domains of life, such as education, relationships, and health. *(8 marks)*

2.6 **Imagine you are a behavioural therapist assisting a parent coping with their child's aggressive behaviour towards siblings. Design a behaviour recording plan to systematically observe and record instances of the child's aggressive behaviour**. *(15 marks)*

----------END OF QUESTION PAPER----------