THE OPEN UNIVERSITY OF SRI LANKA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF PSYCHOLOGY & COUNSELLING
2023/2024 – SEMESTER II —FINAL EXAMINATION

THE OPEN UNIVERSITY OF SRI LANKA
10 OCT 2024
EXAMINATION DIVISION

BSC (HONS) IN PSYCHOLOGY
PLU 3302– PERSONALITY AND INDIVIDUAL DIFFERENCES- LEVEL 3
FINAL EXAMINATION PAPER
DURATION: 03 HOURS

DATE: 10TH OCTOBER 2024 TIME: 9.30AM – 12.30PM

SECTION 2: STRUCTURED ESSAY QUESTIONS (60 MARKS)

Choose 04 out of the 06 questions given below and answer using the provided answer sheets.

2.1 "The biological basis of personality explores the relationship between personality traits and biological factors, including behavior, motivation, emotion and cognition."

a) Using Gray's BAS/BIS theory, explain how the Behavioral Approach System (BAS) and Behavioral Inhibition System (BIS) influence an individual's personality traits and motivation. *(5 Marks)*

b) Describe temperament dimensions introduced by Cloninger. *(5 Marks)*

c) Name five neurobiological measures of personality. *(5 Marks)*

2.2 "Feminist psychology emerged in the late 1960s as a response to male-dominated theories, particularly critiquing psychoanalysis for its narrow standards. Among the pioneers of this movement, Karen Horney questioned the validity of psychoanalytic concepts shaped by male experiences and expectations."

a) Discuss the role of Karen Horney in questioning traditional psychoanalytic views of personality from a feminist perspective. *(7 Marks)*

b) Evaluate Horney's concept of the Idealized Self-Image and its significance in understanding the psychological challenges faced by an individual. *(8 Marks)*

2.3 "The study of personality involves various theories that explore the interaction between cognitive processes and situational factors."

a) Explain the concept of reciprocal determinism introduced by Albert Bandura. *(5 Marks)*

b) Describe how Walter Mischel's Cognitive-Affective Model of Personality addresses the person-situation debate. *(10 Marks)*

2.4 "Humanistic psychologists challenged traditional theories by focusing on strengths and positive qualities of human nature. They emphasize understanding individual experiences, personal responsibility, and the freedom to change, as seen in the work of Abraham Maslow and Carl Rogers."

a) Discuss Carl Rogers' theory of personality, including key concepts. *(7 Marks)*

b) Describe Maslow's hierarchy of needs. *(8 Marks)*

2.5 "Personality assessment is a method in psychology for evaluating individual traits and characteristics. It offers insights into behaviour and emotions, supporting clinical decision-making and personal development."

d) Discuss how the five general principles of ethics outlined in the APA guidelines for psychologists relate specifically to the assessment and understanding of personality. *(10 Marks)*

e) Describe <u>two (02)</u> projective tests used in measuring personality. *(5 Marks)*

2.6 Write short notes on the following.

a) Julian Rotter's Locus of Control. *(5 Marks)*

b) Learned Helplessness. *(5 Marks)*

c) Gender Schema Theory. *(5 Marks)*

----------END OF QUESTION PAPER----------

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