10 OCT 2024
විභාග අංශය
EXAMINATION DIVISION

THE OPEN UNIVERSITY OF SRI LANKA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF PSYCHOLOGY & COUNSELLING
2023/2024 – SEMESTER II—FINAL EXAMINATION

BSC (HONS) IN PSYCHOLOGY
PLU 5302 - MENTAL HEALTH & PSYCHOSOCIAL WELLBEING - LEVEL 5
FINAL EXAMINATION PAPER
DURATION: 03 HOURS

DATE: 10TH OCTOBER 2024 TIME: 1.30 PM -4.30 PM

SECTION 2: STRUCTURED ESSAY QUESTIONS (60 MARKS)

Choose 04 out of the 06 questions given below and answer using the provided answer sheets

2.1 a) "The PADHI framework identified five domains of wellbeing". Explain. *(8 marks)*

b) Describe the application of PADHI framework for the provision of MHPSS in Sri Lanka. *(7 marks)*

2.2 **"Discuss the impact of conflict on individuals, families, and communities in Sri Lanka. Additionally, explain the services currently available to help people cope with these challenges."** *(15 marks)*

2.3 **Explain the three core principles of Psychological First Aid (PFA) and describe how must they be utilized in a situation of emergency.** *(15 marks)*

2.4 a) Describe the effects of stigma associated with mental illness on individuals, families, and communities, providing relevant examples. *(8 marks)*

b) Describe the services, intervention strategies that can be adopted to minimize the stigma. *(7 marks)*

2.5 a) Explain how social, economic, and physical environmental factors are associated with people's vulnerabilities and resilience. *(9 marks)*

b) Describe the key factors that contribute to the resilience of individuals and communities. *(6 marks)*

2.6 a) Explain the four layers of needs and support in the IASC intervention pyramid.

(08 marks)

b) Describe the following directions of providing integrated MHPSS support.

(07 marks)

i. bundled approach

ii. psychosocial support as an organizing principle

iii. integration of psychosocial principles and psychosocial support

----------END OF QUESTION PAPER----------