FACULTY OF HEALTH SCIENCES
DEPARTMENT OF NURSING

EXAMINATION

ACADEMIC YEAR 2023/2024 – SEMESTER I & II
BACHELOR OF SCIENCE HONOURS IN NURSING
NGU6602 PUBLIC HEALTH NURSING - LEVEL 6
FINAL EXAMINATION

DATE: 25.10.2024 TIME: 9.30AM-12.30PM

Part B – Short Answer Questions (50 Marks)

Q1. Health promotion plays a major role in the community health field.

1. Define the term "Health Promotion". **(2 marks)**
2. What are three (3) key elements of health promotion? **(3 marks)**
3. Health promotion can be implemented across various settings, including schools, workplaces, healthcare centers, and communities. What strategies can be implemented to enhance health promotion efforts in the above-mentioned settings? Write three (3). **(3 marks)**
4. You are assigned to give health education session for mothers in the diarrhea unit, in the pediatric ward. When planning health education session list 4 objectives of diarrhea educational session in children. **(2 marks)**

(Total 10 marks)

Q2. Twenty-three (23) year-old Ms. Rajini visited a family doctor with a complaint amenorrhea for three weeks, nausea, and vomiting. After examination, the doctor diagnoses that she is pregnant. She was advised to visit the MOH clinic.

1. List four (4) antenatal care services offered during the first trimester at a MOH clinic **(4 marks)**
2. What are the key responsibilities of a Public Health Nursing Sister in providing antenatal care? State three (3). **(3 marks)**
3. Write five (5) factors that increase risks in pregnancy. **(5 marks)**
4. What are the purposes of family planning? State three (3). **(3 marks)**

(Total 15 marks)

Q3. As a Public Health Nursing Officer (PHNO), you are assigned to organize a program to control substance abuse among young people in your area.

1. Define substance abuse and give examples. **(3 marks)**
2. Suggest four (4) possible stakeholders that you need to take part in the program. **(2 marks)**
3. Mention two (2) roles of Public Health Nursing Officers that have to play in organizing the above program. **(2 marks)**
4. List four (4) risk factors and four (4) protective factors for substance abuse among young people. **(8 marks)**

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Q4. Each year nearly 38 million people die from Non-Communicable Diseases (NCD) in the world, according to the Demographic and Health Survey Report, 2016.

1. Name three (3) major non-communicable diseases that significantly impact the health of the Sri Lankan population. **(3 marks)**
2. What are common risk factors associated with non-communicable diseases in Sri Lanka? State four (4). **(4 marks)**
3. Propose three (3) actions that nurses can take to control and prevention of non-communicable diseases in Sri Lanka. **(3 marks)**

(Total 10 marks)

Part C - Essay Question (30 marks)

Q1. "Child Malnutrition in Sri Lanka Increased in 2022 Amidst Economic Crisis" This is the headline of a journal article.

1.1 How do economic factors and social determinants contribute to the rise of child malnutrition in Sri Lanka? Discuss your answer giving reasons for child malnutrition in Sri Lanka.

(10 marks)

1.2 Describe the most effective community-level strategies for mitigating the impact of malnutrition among children in Sri Lanka.

(10 marks)

1.3 The re-establishment of training of Public Health Nursing Officers (PHNOs) in Sri Lanka commenced in 2018. Describe the key roles and responsibilities of Public Health Nursing Officers (PHNOs) in the Sri Lankan healthcare system.

(10 mark)

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