THE OPEN UNIVERSITY OF SRI LANKA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF PSYCHOLOGY & COUNSELLING
2022/2023– SEMESTER II—FINAL EXAMINATION

BSC HONS IN PSYCHOLOGY
PLU3302 - PERSONALITY AND INDIVIDUAL DIFFERENCES – LEVE 3
FINAL EXAMINATION PAPER
DURATION: 03 HOURS

DATE: 05.09.2023 TIME: 9.30 am – 12.30 pm

SECTION 2: STRUCTURED ESSAY TYPE QUESTIONS (60 MARKS)

Choose 04 out of the 06 questions given below and answer using the provided answer sheets.

2.1 a). Personality can influence health and health of a person may affect his/her personality. According to the WHO definition of health, briefly describe the main domains of overall well-being. *(5 marks)*

b). Explain the biomedical approach and biopsychosocial approach to health and illness. *(10 marks)*

2.2 a). According to the Attributional Model, there are two types of attributions. Briefly describe them with an example for each. *(5 marks)*

b). Briefly describe four components of sensation seeking explained Marvin Zuckerman. *(10 marks)*

2.3 a). Carl Rogers explained the conditions for healthy growth. Briefly describe two factors that a therapist needs to provide to the client during person-centered therapy? *(5 marks)*

b). Explain the crisis of middle adulthood explained by Erick Erickson in his theory of psychosocial development. *(10 marks)*

2.4 a). Briefly describe the main difference between individualistic and collectivist cultures. *(5 marks)*

b). Different perspectives have been used to compare and contrast cultural in relation to personality. How would you describe cultures as 'Intellectual or humanistic values'? Given an example for each. *(10 marks)*

2.5 a). Learning Theories explain how individuals learning mechanisms influence individuals' personality. Briefly describe "operant conditioning" with example.

(5 marks)

b). Briefly describe the four features that help understand abnormal behaviour?

(10 marks)

2.6 a). Type approach stated that individuals' personality can be categorized into different types. Hippocrates and Galan identified four personality types. List them.

(4 marks)

b). According to Trait approach, traits distinguish people from one another. Describe a trait which is learned and another trait which has powerful influence on the person. Give examples or each. *(6 marks)*

----------END OF QUESTION PAPER----------