THE OPEN UNIVERSITY OF SRI LANKA
15 2025
EXAMINATION DIVISION

THE OPEN UNIVERSITY OF SRI LANKA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF PSYCHOLOGY & COUNSELLING
2024/2025 – SEMSETER I—FINAL EXAMINATION

BSC (HONS) IN PSYCHOLOGY
PLU 3307 – LIFESPAN DEVELOPMENT- LEVEL 3
FINAL EXAMINATION PAPER
DURATION: 03 HOURS

DATE: 15.05.2025 TIME: 9.30am - 12.30pm

SECTION 2: ESSAY QUESTIONS (60 MARKS)

Choose four (04) out of the six (06) questions given below and answer using the provided answer sheets.

2.1 According to Erik Erikson's theory of psychosocial development, explain

a) the conflict during infancy. *(5 marks)*

b) the conflict in early childhood. *(5 marks)*

c) the conflict in school age. *(5 marks)*

2.2 Developmental psychologists attempt to understand different types of changes in relation to the process of human development. Briefly explain,

a) interindividual change. *(5 marks)*

b) interindividual differences. *(5 marks)*

c) intraindividual variability. *(5 marks)*

2.3 According to Jean Piaget's theory of cognitive development, several cognitive processes are important for children's cognitive development.

a) According to Piaget,

i. What is a 'schema?' Give an example. *(5 marks)*

ii. What is 'equilibrium?' *(5 marks)*

b) Briefly explain the changes in preoperational stage of cognitive development.

(5 marks)

2.4 Lifespan Perspective describes human development as a multidirectional and multidimensional process.

a). Explain why it is considered as a multidirectional process? Give examples. *(5 marks)*

b). Explain why it is considered as a multidimensional process? Give examples. *(5 marks)*

c). Why human development is considered as a continuous development process. *(5 marks)*

2.5 Old age is considered as a time of growth as well as a time of loss.

a) Briefly explain bereavement. *(5 marks)*

b) Explain the i) second and ii) fourth stage of the Kubler Ross stages of grief. *(5 marks)*

2.6 Older adults experience various changes in old age.

a) discuss the Disengagement Theory. *(5 marks)*

b) Briefly explain two physical changes related to nervous system. *(5 marks)*

c) Briefly explain two social changes experienced by older adults. *(5 marks)*

----------END OF QUESTION PAPER----------