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THE OPEN UNIVERSITY OF SRI LANKA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF NURSING
ACADEMIC YEAR 2022/2023 – SEMESTER II

BACHELOR OF SCIENCE HONOURS IN NURSING
NGU6910- PRIMARY HEALTH CARE II– LEVEL 6
FINAL EXAMINATION

Date: 14th September 2023 Time: 1.30 pm-4.30 pm Duration: 3 hours

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Part B – Short Answer Questions (40 marks)

Question 01

01). Pregnancy leads to various types of changes in mothers, in terms of physiological, psychological, and social aspects.

1.1 Write down **one (01)** change can be identified in the each of below systems. **(04 Marks)**

System/ area of the body	change can be identified
Reproductive System	.....
Urinary System	.....
Changes in the breast	.....
Changes of the skin	.....

1.2 A high risk pregnancy is caused in increasing the risk of morbidity and mortality among mother and fetus. The primary objectives of all health projects include preventing, detecting early, and reducing the risk of high-risk pregnancies.

Mention **two (02)** high risk pregnancy situations **except** bleeding in pregnancy. **(02 Marks)**

i.....

ii. .....

1.3 Write down **two (02)** causes for early pregnancy bleeding. **(02 Marks)**

i.....

ii. .....

1.4 Give **two (02)** interventions that can be taken by a community nurse to reduce the risks of pregnancy. **(04 Marks)**

i.....

. .....

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ii.....

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Question 02

Reflexes of the infants are important to determine whether the brain and nervous system are functioning well of the infants.

2.1 Briefly explain the following reflexes which can be identified among infant. **(04 Marks)**

i. Grasp reflex

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ii. Step reflex

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2.2 Piaget's theory of cognitive development is a comprehensive theory about the nature and development of human intelligence. State the **four (04)** stages of cognitive development of a child. **(04 Marks)**

i. .....

ii. .....

iii. .....

iv. .....

2.3 Briefly explain the **two (02)** phases of motor skill development of a child. **(04 Marks)**

i. .....

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ii.....

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Question 03

Alcoholism is a chronic disease, and it has numerous adverse effects on the consumer's health. Also, alcoholism is a common societal health problem in Sri Lanka.

3.1 Write down **two (02)** adverse effects of alcoholism. **(02 Marks)**

i. .....

ii. .....

3.2 State **two (02)** nursing actions that can be taken in managing alcoholic patients. **(04 Marks)**

i. .....

.....

ii. .....

.....

3.3 Child sexual abuse is a crucial societal health problem in Sri Lanka. Write down **two (02)** actions that can be taken by the nurse to prevent child abuse. **(04 Marks)**

i. .....

.....

ii. .....

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Question 04

Teamwork is very important when providing community health care. There are different kinds of leaders can be met in different teams.

4.1 Write down **two (02)** advantages of applying team approach in community Health. **(02 Marks)**

i. .....

.....

ii. .....

.....

4.2 Mention **two (02)** factors that impede effective team functioning. **(02 Marks)**

i. .....

ii. .....

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4.3 "Client is the most important member of a health care team". Do you agree with the above statement? Why? Justify your answer by giving reasons. **(02 Marks)**

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Part C- Structured Essay Questions (30 Marks)

01.

1.1 Write down **five (05)** antenatal care services which are provided for pregnant mothers at a ante natal clinic. **(05 Marks)**

i.....

ii.....

iii.....

iv.....

v. .....

1.2 Providing effective postpartum care is crucial for reducing maternal mortality ratio (MMR). Briefly explain the postpartum care provided to the mother during her puerperium (post natal period) in Sri Lanka. **(10 Marks)**

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02.

2.1 The adolescents face significant challenges in their life, and it is natural for them to occasionally experience frustration and struggle.

Assume that you are a school health nurse, and you are planning to conduct an awareness session for the parents on '***How parents can provide support and guidance for the adolescents to manage their unhappiness and frustration in a more positive manner?***'

Briefly explain the key points that should be included in your speech. **(08 Marks)**

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2.2. Write a short note on '***How free education influence on improving health status of Sri Lanka***? **(07 Marks)**

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