15 SEP 2023

THE OPEN UNIVERSITY OF SRI LANKA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF NURSING
ACADEMIC YEAR 2022/2023– SEMSETER I & II

BACHELOR OF SCIENCE HONOURS IN NURSING
NGU6602 PUBLIC HEALTH NURSING - LEVEL 6
FINAL EXAMINATION

DATE: 15TH SEPTEMBER 2023 TIME: 9.30AM –12.30PM

INDEX NO: .....

Part B - Short Answer Questions – (40 Marks)

Question 01

1.1 You are a nurse working in a rural community setting. In order to improve the health status of the people in that community, list five (05) activities that you can carry out for health promotion. (05 Marks)

Answer should not exceed than 5 lines

1.2 You are a community health nurse attached to a suburban MOH where reporting high prevalence of Non-Communicable Diseases (NCDs). Propose strategies that you can take in prevention and control of NCDs. (05 Marks)

Answer should not exceed than 5 lines

(Total Marks =10)

Question 02

2.1 Rising trend of Mental Health Problems is a public health issue in Sri Lanka. Propose six strategies to prevent and control Mental Health Problems that can be implemented in your MOH area. (06 Marks)

Answer should not exceed than 6 lines

2.2 List **four (04)** Special Oral Health Programs offered at the community level. (04 Marks)

Answer should not exceed than 4 lines

(Total Marks =10)

Question 03

Women health is an important indicator of well-being of the family and productivity of country. Well Women Clinic is one of the important community health services provided for women and all women over 35 years of age residing in particular MOH area mainly qualified to obtain its services.

3.1 What are the disease conditions that can be detected through screening at Well Women Clinic? (02 Marks)

Answer should not exceed than 2 lines

3.2 Briefly describe the **04 (four)** services provided for women through Well Women Clinic. (04 Marks)

Answer should not exceed than 4 lines

3.3 Propose **four (04)** strategies that can be taken by a government office in promoting their female workers' health. (04Marks)

Answer should not exceed than 2 lines

(Total Marks =10)

Question 04

You are planning to conduct an awareness session for group of women regarding overweight and obesity. As a preparation for the awareness session gather information on the following areas.

4.1 Classify Overweight and Obesity according to BMI. (02 Marks)

Category	BMI
Overweight	.....
Obesity	.....

Answer should not exceed than 2 lines

Index No: .....

4.2 State **two (02)** causes for Obesity and Overweight. (02 Marks)

Answer should not exceed than 2 lines

4.3 What are **two (02)** common health consequences of Obesity and Overweight. (02 Marks)

Answer should not exceed than 2 lines

4.4 Propose **four (04)** strategies in prevention and control of overweight and obesity. (04 Marks)

Answer should not exceed than 4 lines

(Total Marks =10)

Part C - Essay Questions (30 Marks)

Question 01

You are a community nurse attached to a suburban MOH in Kegalle district. Discuss various roles and functions that you must play in that community with giving examples for each. Your answer should be written as a short essay. (Answer should be at least **1½ page** in length).

(15 Marks)

Question 02

The goal of rehabilitation nursing is to assist individuals with a Disability and/or Chronic Illness to attain and maintain maximum function. The need of rehabilitation nursing is rising in our country due to many reasons and nurses can play a major role in assisting the affected individuals to regain their maximum functions.

Briefly discuss the reasons for rising need for rehabilitation seen in the present society. Further, discuss about nurses' roles, functions and responsibilities in rehabilitation. Your answer should be written as a short essay. (Answer should be at least **1½ page** in length).

(15 Marks)