THE OPEN UNIVERSITY OF SRI LANKA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF PSYCHOLOGY AND COUNSELLING
ACADEMIC YEAR 2018/2019– SEMESTER 1

BACHELOR OF SCIENCE (HONS) IN PSYCHOLOGY
PLSU3303 MOTIVATION AND EMOTION, LEVEL 3
CONTINUOUS ASSESSMENT TEST 2 - NBT
DURATION: 1 HOUR

DATE: 05th JANUARY, 2019 TIME: 11.30AM-12.30PM

REGISTRATION NO: .....

IMPORTANT INSTRUCTIONS/ INFORMATION TO CANDIDATES

- This question paper consists of **10 pages** with **02 sections.**

  Section 1: 20 Multiple Choice Questions (40 Marks)

  Section 2: 12 Short Answer Questions (60 Marks)
- Write your Registration Number in the space provided.
- Answer **ALL** questions.
- **Multiple Choice Questions (Section 1):** Indicate answers in the answer sheet provided by placing a cross (X) in **INK** in the relevant cage (answers in pencil will **NOT** be marked)
- **Short Answer Questions (Section 2):** Write answers within the space provided.
- Do **NOT** remove any page/part of this question paper from the examination hall.
- Do **NOT** keep unauthorized material, including mobile phones and other electronic equipment, with you during the examination.

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SECTION 1: MULTIPLE CHOICE QUESTIONS (20 QUESTIONS – 40 MARKS)

1.1 According to Navaro-Yashin (2009), 'Melancholy' is which of the following?
- a A Feeling
- b A Mood
- c A Psychological Disposition
- d A Sentiment

1.2 Which of the following words were used to describe 'emotions' by early philosophers?
- a Sadness and Anger
- b Feelings and Moods
- c Sentiments and Sensations
- d Passions and Affections

1.3 Which scientist instigated the use of the word "emotions" through his lectures in the philosophy of the human mind?
- a Sigmund Freud
- b Thoman Brown
- c Carl Jung
- d William James

1.4 Who of following was the author of the book titled "The Expressions of Emotions in Man and Animals"?
- a Sigmund Freud
- b Stanley Schachter
- c Charles Darwin
- d Richard Lazarus

1.5 Which of the following is an example of the unconscious in stimulating, maintaining and expressing emotions, according to Sigmund Freud?
- a Repressed memories
- b Slips of the tongue
- c Psychosexual problems
- d Day dreaming

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1.6 Which of the following human emotions could not be explained through the evolutionary paradigm?

a Joy
b Anger
c Guilt
d Disgust

1.7 Experiencing shame for appearing naked in public is an example of the social aspect of emotions. Which of the following schools of thought explains the social nature of emotions further?

a Psychodynamic view of emotions
b Post-constructionists
c Cognitive view of emotions
d Cultural constructionists

1.8 Attending a musical concert and feeling the excited energy of the event, is an example of 'Affect' as?

a Intentional
b Non-representational
c Autonomous
d Transmissive

1.9 'If a person experiences a state of arousal for which they have no immediate explanation, they will describe their emotions in terms of the cognitions available to them at the time.' This is a hypothesis developed as a result of which theory?

a Schachter and Singer Two Factor theory
b James-Lange Theory
c Cannon-Bard Theory
d Brown-Tomkins Theory

1.10 How we react to an event depends on what that event means to us, according to which theorist?

a Richard Lazarus
b Sigmund Freud
c Thomas Brown
d William James

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1.11 Who were the psychologists that conducted experiments which proved the change of bodily postures to have an affect on the emotional experience?

a Finman, Laris and Canilo (1984)
b Flack, Laird and Cavallro (1999)
c Flard, Lack, and Canlo (1964)
d Finman, Laniz, and Camilla (1978)

1.12 "We feel sorry because we cry, angry because we strike, afraid because we tremble". This is a statement made in support of which of the following psychological theories?

a Cannon-Bard Theory
b Schachter-Singer Theory
c James- Lange Theory
d Brown-Tomkins Theory

1.13 Which of the following terms are used through the vocabulary to express the autonomous nature of 'Affect'?

a Texture and Tone
b Tension and Remnants
c Surface and Residue
d Tension and Surface

1.14 Which of the following statements are TRUE of "Affect"?

a Affect is under the cognitive scrutiny of an individual
b Affect is formed and structured
c Affect is intentional and controllable
d Affect is a sensed and felt reality

1.15 Which of the following statements are TRUE of the relationship between humans and their photographs of loved ones?

a Human relationships with photographs are not affective
b The photograph has agency in the relationship with the human
c The photograph does not play an active affective role in the relationship
d The human alone plays an affective role in the relationship with photograph

1.16 Which of the following statements about 'Shame' is TRUE?

a Shame is one of the basic emotions
b Shame is not a self conscious emotion
c Shame is invested in people through its culture
d Shame is only felt on a global level

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1.17 According to Tomkins (1987) 'Shame' results from which of the following?
- a Disturbances to pleasure
- b Difficulty with empathy
- c Denial of guilt
- d Disturbance to anxiety

1.18 What was the finding from the (2008) study by Jessica Tracy and David Matsumo on human emotion?
- a There are cultural differences when displaying pride
- b Caucasians are different in how they show pride
- c People in Japan display pride differently than others
- d Pride is displayed homogenously among all humans

1.19 According to Takeo Doi (2016) the feeling of 'amae' (feeling of pleasurable dependence on another person) is which of the following?
- a An emotion felt only by the Japanese
- b An emotion not felt by the Americans
- c An emotion felt by all humans
- d An emotion not felt by any

1.20 Which of the following is an example of a 'Display Rule'?
- a Laughing at a neighbors funeral house
- b Laughing at a joke to be polite to someone
- c Laughing at someone when they make a mistake
- d Laughing at the library while everyone is studying

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ANSWER SHEET FOR SECTION-1

Q. No.	(a)	(b)	(c)	(d)
1.1				
1.2				
1.3				
1.4				
1.5				
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SECTION 2: SHORT ANSWER QUESTIONS (12 QUESTIONS – 60 MARKS)

WRITE ANSWERS ONLY WITHIN THE SPACE PROVIDED.

2.1 Briefly Explain Schachter and Singer's two factor theory of emotion with an example (5 marks).

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2.2 Briefly Explain the James-Lange theory of emotion with one example. (5 marks)

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2.3 'Joy' or 'Happiness' is one of the basic emotions which are thought to be universal. List 5 other emotions that are also considered to be universal in nature. (5 marks)

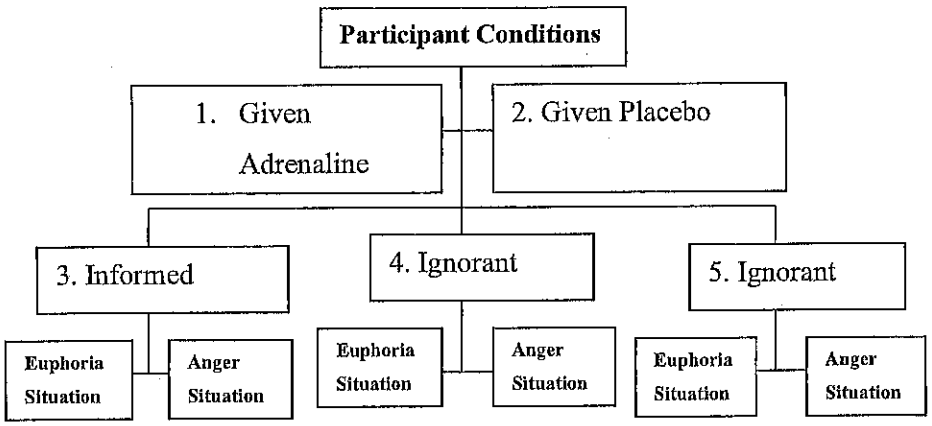
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2.4 State two examples that illustrate the cultural differences within the concept of emotion. (5 marks)

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2.5 Fill in the boxes to complete the flow chart that illustrates participant conditions in the schachter and singer experiment. (5 marks)



2.6 State two criticisms against 'Affect' being theorized as 'Autonomous'. (5 marks)

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2.7 Briefly explain the Cannon-Bard theory of emotion with an example. (5 marks)

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2.8 Briefly explain David and Aron's study of misattribution of arousal (5 marks).

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2.9 Briefly Explain Lazarus's model of cognitive evaluation with an example. (5 marks)

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2.10 Fill in the boxes with regard to 'Shame' to illustrate Lewis's (1971) structural model for the elicitation of self-conscious emotions.

Evaluations		Global	Attribution of Self
Success	Failure		
1.	2.		
3.	4.	5.	

2.11 Briefly explain Affect's non-representational nature with one example. (5 marks)

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2.12 List 2 limitations of the James-Lange theory. (5 marks)

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----------END OF QUESTION PAPER----------