The Open University of Sri Lanka
Department of Nursing. B.Sc. Nursing Program Level 5
Academic Year 2018/19
NGU5406 – Psychiatry and Mental Health Nursing
Final Examination

Date: 27. 02. 2019 **Time: 01.30p.m – 04.30p.m**

Index Number ..... **Duration: 03 hours**

Part B - 10 Matching Questions (10 marks)

Match the phrases given on the **left** with most relevant words given on the **right**. Put the letter belongs to the selected word in the brackets given on the left.

Left		Right
1. Psychosocial development theory	( )	A. The unconscious mind
2. Combination of repressed desires, fears, and phobias	( )	B. Orientation
3. The external and dynamic manifestations of a person's internal emotional state	( )	C. The preconscious or subconscious mind
4. A pattern where a person keeps returning to the same limited set of ideas	( )	D. Affect
5. Cognitive function	( )	E. Thought blocking
6. The mind prevents the disturbing memories reaching to the conscious mind	( )	F. Eric Ericson
7. Diagnostic and Statistical Manual of Mental Disorders –IV (DSM -IV)	( )	G. Mood
8. A person's predominant internal state at any one time	( )	H. Carl Rogers
9. A pattern of interruption or disorganization of thought processes	( )	I. World Health Organization (WHO)
10. International Classification of Diseases-10 (ICD-10)	( )	J. Thought perseveration
		K. American psychiatric association (APA)
		L. Cognition

Part C – Short Answer Questions (SAQs) (40 marks)
Answer within the given space.

1. Name **two (02)** of the four approaches in psychiatric rehabilitation **(04marks)**

I .....

II.....

2. Elevated/ expansive or irritable mood is a main clinical feature of mania. There are four stages of elevated mood. State **two (02)** of them. **(04marks)**

I. .....

II. .....

3. Briefly describe "Substituted Consent" in psychiatric setting. **(03marks)**

.....

.....

.....

.....

4. Occupational therapy is the application of goal oriented purposeful activity in the assessment and treatment of individuals with psychological, physical, or developmental disabilities. List **three (03)** aims of Occupational therapy. **(06marks)**

I. .....

II. .....

III. .....

5. Nursing Malpractice is known as failure to provide proper care and may result in harm to patient. Patient suicide, failure to diagnose, problems related to electro convulsive therapy are some of the common areas of liability. State **four (04)** ways that help to overcome liability in psychiatric setting. **(04marks)**

I.....

II. .....

III. .....

IV. .....

6. History taking of a psychiatric patient helps to obtain information to make an accurate diagnosis. Premorbid personality of the patient need to be assessed to build up a picture about the disease condition. List **two (02)** aspects to be assessed under premorbid personality? **(04marks)**

I. .....

II. .....

7.1 List **(03) three** Characteristics of Therapeutic Nurse –Patient Relationship **(03marks)**

I. .....

II. .....

III. .....

7.2 Name the **four (04)** phases of a therapeutic relationship. **(04marks)**

I. .....

II. .....

III. .....

IV. .....

8.1 Delirium is a syndrome characterized by an impairment of consciousness and cognitive function. List **two (02)** possible reasons that may cause delirium. **(04marks)**

I. .....

II. .....

8.2 Dementia is a disease of brain which causes breakdown in several areas of higher mental functions. State **two (02)** of the untreatable causes for dementia. **(04marks)**

I. .....

II. .....

Part D - Structured Essay Question (20 marks)

Mentally ill patients are treated with somatic therapy and psychological therapy. Somatic therapy includes psychopharmacotherapy, electroconvulsive therapy, and psycho surgery.

1. Name **one (01)** typical antipsychotic drug and **one (01)** atypical antipsychotic drug. **(02marks)**

   Typical antipsychotic: .....

   Atypical antipsychotic: .....

2. Nurse should be familiar with Extra Pyramidal Side effects (EPS), in order to prevent them, reduce the occurrence, and early recognition of these side effects. State **five (05)** main EPS that can occur as adverse effects of antipsychotic drugs. **(05marks)**

   I. .....

   II. .....

   III. .....

   IV. .....

   V. .....

3. Briefly explain **two (02)** nursing advices that can be given to prevent the complication of orthostatic hypotension for a patient receiving antipsychotic drugs. **(03marks)**

I. .....

.....

II. .....

.....

4. Briefly explain nurse's responsibilities for a patient who is receiving lithium treatment. **(10marks)**

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....